

18TH CONGRESS OF THE EUROPEAN FEDERATION OF SEXOLOGY



PROVISIONAL DETAILED PROGRAMME

28-30 MAY 2026 | LISBON, PORTUGAL

Sexuality, Society and Science: Evidence and Facts

ORGANISED BY



EFS
EUROPEAN FEDERATION OF
SEXOLOGY

AN OFFICIAL FEDERATION OF THE WORLD ASSOCIATION



SOCIEDADE PORTUGUESA
DE **SEXOLOGIA CLÍNICA**

europeansexologycongress.org

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pending*

Welcome Address

PRESIDENTS' WELCOME MESSAGE

Lisbon. A secular city full of contradictions, achievements and tensions.

A multicultural city, shaped by diversity but also divergence. Lisbon's geography- in between the ocean and its beaches, the broad river, the hills, and the vast southern bucolic plains-reveals its inherent and implicit soundtrack: brightness, rhythm, joy, contemplation but, also, poverty, inequality, sadness and longing.

Lisbon is the capital city of Portugal, a country whose sexologists have for decades striven locally and globally in defense of sexual and reproductive rights.

Portugal, whose sexology pioneers laid the groundwork for the next generation to build a thriving, internationally acclaimed sexology in various areas: sexual rights, policy-making, clinical work, education and research.

Lisbon's contradictions and possibilities have been the stage for a vibrant city full of voices eager to be heard and attended to. Bring your voice.

We invite you to submit your work, join this event and gather around the compelling words of Portuguese poet Eugénio de Andrade's (1923-2005).

Love is urgent

*It is urgent a boat in the sea.
 It is urgent to destroy certain words,
 hatred, loneliness and cruelty,
 some sorrows,
 many swords.
 It is urgent to invent happiness,
 to multiply the kisses, the cornfields,
 it is urgent to discover roses and rivers
 and bright mornings.
 The silence falls on the shoulders and the impure
 light, until it hurts.
 Love is urgent, it is urgent to
 remain.*



Patricia Pascoal
 EFS2026 Congress President



Joana Carvalho
 Local Organizing Committee President

Welcome to our 18th EFS Congress in Lisbon!

On behalf of the European Federation of Sexology (EFS), and in cooperation with Sociedade Portuguesa de Sexologica Clinica, it is a great pleasure and honour for me to invite and welcome you to the 18th EFS Congress that will take place in Lisbon, Portugal on 28-30 of May 2026.

Sexological congresses are events where you can share your knowledge, your research, your insights and experience in an ambience of open curiosity.

You can share by presenting orally, by poster, in specific seminars, roundtables or just in the mingling areas where all can meet everybody.

We are certain that the scientific program will be extensive, diverse and highly engaging.

The most basic involvement is presence as a delegate. Only you can convey your experiences and insights, only you can have your curiosity nourished, only you can get the feeling of being at home in the field of sexology.

Never be shy to contact people whose textbooks and papers you may have studied. Feel free to address those who have presented something interesting, intriguing or maybe provoking. All have something to share.

The programme will cover a wide range of new clinical and research topics regarding sexual health, sexual well-being, sexual justice, sexual problems and challenges. Sexual health, sexual rights and sexual justice are not luxuries but essentials and necessities to live a life with dignity. Questions of sexual rights and freedom from discrimination and coercion have been increasingly present in public debates over the last years. In sexology you will meet deep knowledge, love, compassion, respect and inclusion.

The interdisciplinary and international nature of the congress will no doubt enhance professional and social networking and exchange of information and knowledge from diverse communities and cultures.

We have the experience that our professional congress organizer and the local scientific committee will deliver high quality science and top value experiences.

On behalf of EFS and the Sociedade Portuguesa de Sexologica Clinica: We will love to see you in Lisbon!

Cordial regards,



Esben Esther Pirelli Benestad
President of the EFS

Organisers



EFS – EUROPEAN FEDERATION OF SEXOLOGY

The European Federation of Sexology recognizes sexuality as central to human life, health, well-being, and human rights. EFS is the voice and the core network for professionals working in sexology in Europe.

EFS promotes excellent and ethical practice in education, knowledge, and skills to celebrate sexual health, intimacy, and diversity with compassion, free from prejudice and violence.



SOCIEDADE PORTUGUESA DE SEXOLOGIA CLÍNICA (PORTUGUESE SOCIETY OF CLINICAL SEXOLOGY)

In the mid-1980s, there was a significant lack of cohesion and communication among professionals working in the various fields of sexology in Portugal. To promote dialogue and integration, the 1st National Congress of Sexology was organized in Lisbon in 1984. The event brought together doctors and psychotherapists, as well as lawyers, anthropologists, writers, and artists, recognizing the importance of incorporating diverse perspectives into the discussion on sexuality.

Following this first Congress, the Portuguese Society of Clinical Sexology (SPSC) was founded. It was officially established in the Official Gazette on 23 September 1985 (III Series, No. 219), with the aim of “promoting the dissemination of scientific knowledge in the field of sexology and uniting professionals who work on clinical sexology issues.”

Among the founding members were doctors, psychologists, and other professionals dedicated to clinical sexology. Francisco Allen Gomes, Júlio Silveira Nunes, Afonso de Albuquerque, and António Pacheco Palha played particularly prominent roles in the formation of the Society. The first governing bodies were elected in October 1985.

Over the past 39 years, the SPSC has held five training courses for sex therapists and has (co)organized dozens of national and international scientific meetings. Today, it brings together and supports more than 600 members who share a common interest in the field.

Organising Committee

EFS ORGANISING COMMITTEE

Esben Esther Pirelli Benestad

Chair

*Physician, family therapist IAP, specialist in clinical sexology
NACS, professor in sexology UiA*

Goran Arbanas

University Psychiatric Hospital Vrapče, Zagreb, Croatia

Charmaine Borg

University of Groningen

Stefano Eleuteri

*Health Psychologist, Psychotherapist, Sexologist
PhD in Social, Developmental Psychology and Educational
Research
Researcher in Clinical Psychology, Mercatorum University*

Sam Geuens

*PXL University College of Applied Arts & Sciences,
Department Healthcare – Midwifery // Department People &
Society – Applied Psychology
Outpatient Center for Sexology – SFZHospital*

Filippo Maria Nimbi

*Department of Psychology and Life Sciences, Faculty of
Humanities, Charles University, Prague, and Center for Sexual
Health and Interventions, Czech National Institute of Mental*

Tal Peleg-Sagy

*Ben-gurion University of the Negev, Clinical Psychologist and
Sex Therapist*

Patricia M. Pascoal

*Ph.D, she/her/hers
Psychotherapist and Psychotherapy Supervisor
Associate Professor at Universidade Lusófona in Lisbon
Board member of the European Federation of Sexology
Board of Directors of the Portuguese Association of
Behavioural Therapy (APTC)
Deputy Editor in Chief, Sexual Medicine*

Mehmet Sungur

*Prof. of Psychiatry and the president of the Turkish Association
of Cognitive & Behavioral Therapies*

Tiina Vilponen

Kevan Wylie

*Immediate Past President of the European Federation of
Sexology
Immediate Past President World Association for Sexual Health*

LOCAL ORGANISING COMMITTEE

Patrícia Pascoal

Congress President

*Lusófona University, HEI-Lab: Digital Human-Environment
Interaction Labs, Portugal*

*Invited Ass. Professor at Lusófona University, School of
Psychology, Lisbon, Portugal*

*Invited Ass. Professor at University of Lisbon, Faculty of
Medicine, Lisbon, Portugal*

Joana Carvalho

Local Organizing Committee President

*Assistant Professor with Aggregation at the University of
Aveiro*

President of the Portuguese Society for Clinical Sexology

Inês Tavares

Member

Assistant Professor at Lusófona University, Psychotherapist

Violeta Alarcão

Member

João Moreira de Sousa

Member

Physician specializing in General and Family Medicine

Eunice Carmo

Member

PhD Candidate at the University of Porto; Psychotherapist

Bárbara Moreira

Member

PhD Candidate at the University of Porto

Scientific Committee

SCIENTIFIC COMMITTEE CHAIR

Stefano Eleuteri

Scientific Committee Chair

*Health Psychologist, Psychotherapist, Sexologist
PhD in Social, Developmental Psychology and Educational
Research*

Researcher in Clinical Psychology, Mercatorum University

SEXUAL RIGHTS & JUSTICE

Tal Peleg Sagy

Chair

*Ben-gurion University of the Negev, Clinical Psychologist and
Sex Therapist*

Pietro Spataro

Member

*University of the System of the Italian Chambers of Commerce
Faculty of Social Sciences and Communication
Department of Human and Social Science*

Mijal Luria

Member

Hadassah University Hospital, OBGYN

Agata Lowe

Member

Filippo Nimbi

Member

*Department of Psychology and Life Sciences, Faculty of
Humanities, Charles University, Prague, and Center for Sexual
Health and Interventions, Czech National Institute of Mental*

Aleksander Stulhofer

Member

PhD, University of Zagreb, Zagreb, Croatia

Nieves Moyano

Member

University Of Jaen

Esben Esther Pirelli Benestad

Member

*Physician, family therapist IAP, specialist in clinical sexology
NACS, professor in sexology UiA*

Jenna Marie Strizzi

Member

University of Almería, Spain

Liliana Rodrigues

*Assistant Professor at ESE-IPP, Researcher at InED and CPUP,
and President of UMAR*

SEX RESEARCH

Charmaine Borg

Chair

University of Groningen

Jeffrey Wade Kiesner

Member

*University of Padova, Department of Developmental and
Social Psychology*

Rizwana Roomaney

Member

Stellenbosch University, South Africa

Jim Pfaus

Member

*Department of Psychology and Life Sciences, Faculty of
Humanities, Charles University, Prague, and Center for Sexual
Health and Interventions, Czech National Institute of Mental
Health, Klecany, Czech Republic*

Faysal El Kak

Member

President of the World Association for Sexual Health (WAS)

Claire Lucille Azzopardi Lane

Member

*Senior lecturer within the Department of Gender and
Sexualities, Faculty for Social Well-being at the University of
Malta*

Marieke Dewitte

Member

*Associate professor at Maastricht University Department of
Clinical Psychological Science*

Joana Carvalho

Member

*William James Center for Research, Department of Education
and Psychology, University of Aveiro, Aveiro, Portugal*

Oscar Cervilla

Member

*Department of Psychology, University of Jaén, Spain AND
Mind, Brain and Behavior Research Center (CIMCYC),
University of Granada, Spain*

SEXUAL MEDICINE/CLINICAL SEXOLOGY

Goran Arbanas

Chair

University Psychiatric Hospital Vrapče, Zagreb, Croatia

Michal Lew Starowicz

Member

*Department of Psychiatry, Centre of Postgraduate Medical
Education, Warsaw, Poland*

Shalini Andrews

Member

*Consultant GU/HIV Physician, Clinical Director for Sexual
Health and HIV*

Central and North West London NHS Foundation Trust

Maia Tchavtchanidze

Member

Director and clinical sexologist at Maoclinic, Tbilisi, Georgia.

Eli Jubert

Member

*Leeds and York NHS Foundation Trust, Consultant Clinical
Psychologist and Clinical Director*

*Visiting Consultant (Clinical Psychology), Gibraltar Health
Authority*

Francesca Tripodi

Member

Institute of Clinical Sexology, President

Mehmet Sungur

Member

*Prof. of Psychiatry and the president of the Turkish Association
of Cognitive & Behavioral Therapies*

Patricia Pascoal

Member

*Lusófona University, HEI-Lab: Digital Human-Environment
Interaction Labs, Portugal*

*Invited Ass. Professor at Lusófona University, School of
Psychology, Lisbon, Portugal*

*Invited Ass. Professor at University of Lisbon, Faculty of
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Francisco Javier Del Rio Olvera

Member

University of Cádiz

Catarina Raposo

Member

*Assistant Professor at Lusófona University, School of
Psychology, Lisbon, Portugal.*

Marco Gonçalves

Member

Assistente Hospitalar Graduado

*Psiquiatra Coordenador Consulta Sexologia e Clínica da
Diversidade de Género*

SEXUALITY EDUCATION & SEXOLOGY TRAINING

Sam Geuens

Chair

PXL University College of Applied Arts & Sciences,

*Department Healthcare – Midwifery // Department People &
Society – Applied Psychology*

Kristien Michielsen

Member

*Associate Professor in Comprehensive Sexuality Education and
the Promotion of Sexual Well-being at the Institute for Family
and Sexuality Studies, department of Neurosciences, faculty of
Medicine, KU Leuven, Belgium*

Tiina Vilponen

Member

Ana Yanez Otero

Member

President of the Spanish Federation of Sexology Societies

Conceição Nogueira

Member

*Full Professor at the Faculty of Psychology and Educational
Sciences of the University of Porto, Director of the Doctoral
Program in Human Sexuality*

PRIZE COMMITTEE

Manuel Catalán Águila

Member

University of Almería

Tiina Vilponen

Chair

Tabea Zorn

Member

*Psychological University Berlin, Psychotherapist In Training,
Student*

Sarah Peart

Member

*YMCA Cardiff (as a sexuality educator) and Talk In The Bay (as
a Clinical Sexologist), Sapienza University, Rome, Italy*

Henrique Pereira

Member

Head of Department of Psychology and Education, Full Professor, University of Beira Interior, Covilhã, Portugal

Sérgio Carvalho

Member

University of Coimbra, Center for Research in Neuropsychology and Cognitive Behavioral Intervention (CINEICC)

Andreia Manão

Member

Lusófona University, Hei-lab: Digital Human-environment Interaction Labs, Portugal

LOCAL SCIENTIFIC COMMITTEE

Inês Tavares

Chair

Lusófona University; Psychotherapist

Violeta Alarcão

Chair

IISCTE

Alexandra Oliveira

Member

Faculty of Psychology and Education Sciences at University of Porto

Ana Carvalheira

Member

ISPA; Psychotherapist

Ana Cristina Nave

Member

Psychotherapist

Ana Cristina Pablo

Member

Psychotherapist

Ana Filipa Beato

Member

Lusófona University

Ana Luísa Quinta-Gomes

Member

Faculty of Psychology and Education Sciences at University of Porto

Carla Câmara

Member

Psychotherapist

Cátia Oliveira

Member

Lusófona University; Psychotherapist

Filipe Gomes

Member

Psychiatrist

Hélder Lourenço

Member

Nurse

Gilberta Maria França Sousa

Member

University of Madeira

Alexandre Oliveira

Member

Nurse

Joana Raposo Gomes

Member

Psychiatrist

João Rema

Member

Psychiatrist

Daniel Cardoso

Member

NOVA University of Lisbon; CICANT – Lusófona

José Alberto Gonçalves

Member

University of Madeira

Leonor de Oliveira

Member

University of Minnesota Twin Cities

Jorge Cardoso

Member

Egas Moniz School of Health & Science;

Psychotherapist

Liliana Ribeiro

Member

Psychotherapist

Maria Joana Almeida

Member

Psychotherapist

Manuela Moura

*Member
Psychotherapist*

Maria Manuela Peixoto

*Member
Psychotherapist*

Paula Pinto

*Member
Psychotherapist*

Mariana Marques

*Member
Psychotherapist*

Ricardo Barroso

*Member
Faculty of Psychology and Education Sciences at
University of Porto*

Sara Ferreira

*Member
Medical Doctor*

Joana Boa-Alma Pais

*Member
Physiotherapist*

LOCAL SPONSORSHIP COMMITTEE

João Moreira Sousa

Member

Pedro Teixeira

Member

Sofia Costa

Member

Invited Speakers



Elsa Almas

*Past-Chair WAS Professional Education in Sexology
Committee, President of Norwegian Society for Clinical
Sexology*

Gold Medal Awardees



Pedro Nobre

*Prof, Faculty of Psychology and Education Sciences at the
University of Porto & World Association For Sexual Health*



Marco Gonçalves

*Saint Joseph's Local Health Unit,
Lisboa*



Ana Filipa Beato

*HEI-Lab – Digital Human-Environment
Interaction Lab, Universidade
Lusófona, Portugal
PhD, Assistant Professor of Psychology
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Universidade Lusófona, Lisbon,
Portugal*



Mijal Luria

*Gynecologist and Sex Therapist
President of the Israeli Society for Sex
Therapy (ISST)*



Joana Carvalho

*William James Center for Research,
Department of Education and
Psychology,
University of Aveiro, Aveiro, Portugal*



Jim Pfaus

*Department of Psychology and Life
Sciences, Faculty of Humanities,
Charles University, Prague
Center for Sexual Health and
Interventions, Czech National Institute
of Mental Health, Klecany, Czech
Republic*



Faysal H. El Kak

*M.D. M.S. FRCOG
Associate Professor of Clinical OBGYN
Sexual Health and Public Health
Practice, American University of Beirut
President of WAS*



Elna Rudolph

*Past President of WAS
Chair of the World Sexual Health
Assembly Steering Committee*



Alain Giami

*PhD Emeritus Research Professor
(INSERM, Paris) – France*



Francesca Tripodi

*PsyD, ECPS
Psychoterapist, Sexologist, ECPS.
Institute of Clinical Sexology, Rome,
Italy. International Online Sexology
Supervisors (IOSS)*

Programme Overview

Thursday, 28 May 2026

	Plenary Hall - Eduardo Viana	Parallel Hall - Almada Negreiros 1
12:30-14:00	Opening Ceremony and Presidential Lecture	
14:00-14:30		
14:30-15:00	Session 1: Invited Talk & Oral Presentations	Session 2: Invited Talk & Oral Presentations
15:00-15:30		
15:30-16:00	<i>Coffee Break & Exhibition</i>	
16:00-16:30		Session 6: Symposium: Sexuality and relationship in the contemporary era
16:30-17:00	Session 5: Invited Talk & Oral Presentations	Session 9: Submitted Symposium: Envisioning and negotiating parenthood among individuals with marginalised sexual and gender identities and relationship orientations
17:00-17:30		
17:30-18:00		
18:00-18:30	Session 12: Submitted Symposium: Farmacological treatment of patients with paraphilias or paraphilic disorders, and of (neuropsychiatric) patients with hypersexuality.	Session 13: Submitted Symposium: Current themes in psychosexual therapy: Reflections from a public funded London, UK service
18:30-19:00		
19:00-19:30	Session 15: Gold Medal Lecture 1	
19:30-20:00		
20:00-20:30	Welcome Reception	
20:30-21:00		
21:00-21:30		

Oral Presentations

Submitted Symposia

Demo Sessions

Invited Symposia

Invited Talks

Parallel Hall Almada Negreiros 2

Parallel Souza Pinto

Session 3:
Oral Flash Presentations

Session 4:
Demo Session: E-mergir: A digital psychosexual intervention to promote sexual and emotional well-being in prostate cancer survivors

Coffee Break & Exhibition

Session 7:
Early Career Corner: Flirting with a career in sexology

Session 8:
Demo Session: Trauma-informed sensate focus: A practical demonstration for managing trauma responses and safe sexual intimacy

Session 10:
Demo Session: REVISE: An immersive virtual reality tool for preventing sexual harassment in heterosexual couples – Demonstration session

Session 11:
Oral Flash Presentations

Session 14:
Demo Session: Eroticism, a major focus in psychosexuality for developing our sexual agency

Friday, 29 May 2026

Plenary Hall - Eduardo Viana		Parallel Hall - Almada Negreiros 1
08:00 08:30	Session 16: Debate: AI-Sex debate: navigating challenges and opportunities in research and clinical work	Session 17: Oral Presentations
08:30 09:00	Session 20: ESSM Symposium - The dual control of sexual behaviour - from sexual dysfunction to hypersexuality	
09:00 09:30		
09:30 10:00		
10:00 10:30	Session 22: Invited Talk & Oral Presentations	Session 23: Submitted Symposium: Neurodiversity and Sexuality: Sexual rights and clinical implications
10:30 11:00		
11:00 11:30	<i>Coffee Break & Exhibition</i>	
11:30 12:00	Session 26: Invited Talks & Oral Presentations	Session 27: Meet the experts
12:00 12:30		Session 30: Submitted Symposium: EFS & EPATH Joint Symposium: Interdisciplinary approaches to sexual well-being in gender incongruent people: A sex-positive imperative
12:30 13:00		
13:00 13:30		
13:30 13:30	<i>Break</i>	
13:30 14:00		
14:00 14:30		
14:30 15:00		
15:00 15:30	Session 32: WAS Symposium	Session 33: Submitted Symposium: Emerging challenges in sexual minority health: Chemsex, intraminority stress, and psychosocial well-being
15:30 16:00		Session 34: Oral Presentations
16:00 16:30		
16:30 17:00	<i>Coffee Break & Exhibition</i>	
17:00 17:30	Session 38: Sexual Justice Consultation: Developing sexual justice in Europe	Session 39: Invited Talk & Oral Presentations
17:30 18:00		
18:00 18:30		
18:30 19:00	EFS General Assembly	
19:00 19:30		

Parallel Hall Almada Negreiros 2

Session 18:
Oral Presentations

Session 24:
Oral Flash Presentations

Coffee Break & Exhibition

Session 28:
Oral Presentations

Break

Session 35:
Submitted Symposium: BDSM and kink in contemporary sexology: Clinical practice, research evidence and sexual rights

Session 37:
Oral Presentations

Coffee Break & Exhibition

Session 40:
Invited Talk & Oral Presentations

Parallel Souza Pinto

Session 19:
Demo Session: Pleasure and self-determination: Rethinking the sexuality of disabled people through an anti-oppressive lens

Session 21:
Demo Session: Peers performing parody: A demo for gender-transformative sexual health promotion

Session 25:
Demo Session: Transnational sexual attitude reassessment (SAR): Cultivating cultural reflexivity in sexological practice

Session 29:
Demo Session: Beyond the disorder: Demonstrating the DMPR model for sexuality after acquired disability

Special Session 31:
Sexology Speed Dating

Session 36:
Demo Session: Body-oriented practices for couples therapists: Supporting sexual dynamics and sexual diagnosis

Session 41:
Demo Session: Sexology intervision session for and from early career sexologists

Saturday, 30 May 2026

Plenary Hall - Eduardo Viana		Parallel Hall - Almada Negreiros 1
08:30 09:00	Session 42: Invited Talks & Oral Presentations	Session 43: Submitted Symposium: From Tehran to Rome: Pornography use and sexual health across contrasting cultures
09:00 09:30		
09:30 10:00	Session 46: Gold Medal Lecture 2	Session 47: Submitted Symposium: Sexual assistance and accompaniment: In between protecting and promoting the sexual rights of people with disabilities
10:00 10:30		
10:30 11:00	Coffee Break & Exhibition	
11:00 11:30	Session 49: SPSC Symposium - Bridging sexuality and mental wellness: A symposium focused on OCD, neurodiversity, and trans women's voices	Session 50: Oral Presentations
11:30 12:00		
12:00 12:30		
12:30 13:00	Session 55: Invited Talks & Oral Presentations	Session 56: Submitted Symposium: The dynamics of positive sexual aging
13:00 13:30		Session 58: Oral Presentations
13:30 14:00		
14:00 14:30	Break	
14:30 15:00		
15:00 15:30	Session 59: Contemporary pornography: From singular content to psycho-affective and sexual, socio-economic, cultural device	Session 60: Submitted Symposium: From harm to healing: Global action supporting survivors of male genital cutting
15:30 16:00		
16:00 16:30	Session 62: Oral Presentations	Session 63: Submitted Symposium: Empowerment at a distance: Psychological distance in women's sexual health, consumption, and care
16:30 17:00		
17:10 17:40	Session 65: Congress President's Talk	
17:40 18:10	Closing Ceremony	

Oral Presentations

Submitted Symposia

Demo Sessions

Invited Symposia

Invited Talks

Parallel Hall Almada Negreiros 2

Session 44:
Oral Presentations

Session 48:
Submitted Symposium: Shame, mentalizing and sexual pleasure in men who have sex with men: From containment to connection

Coffee Break & Exhibition

Session 51:
Submitted Symposium: Queer sexology: What clinicians need to know

Session 53:
Oral Presentations

Session 57:
Invited Talks & Oral Presentations

Parallel Souza Pinto

Session 45:
Demo Session: Helping clients give their sex organs a voice: A gestalt sex therapy technique

Session 52:
Demo Session: Eroticism, a major focus in psychosexology for developing our sexual agency

Session 54:
Demo Session: AFFECTUS: A digital sexual health promotion program for breast cancer survivors – Live demonstration

Break

Session 61:
Oral Presentations

Session 64:
Submitted Symposium: Sexuality, gender, and comprehensive sexuality education as central axes of mental health across the life course

Detailed Programme

Thursday, 28 May 2026

PLENARY HALL-EDUARDRO VIANA

11:30-12:30 REGISTRATIONS

12:30-14:00 OPENING CEREMONY & PRESIDENTIAL LECTURE

Chairs: **Stefano Eleuteri, Patricia Pascoal**

12:30-12:40 Congress President's Welcome Address
Patricia Pascoal

12:40-12:50 Local Organizing Committee Chair's Welcome Address
Joana Carvalho

12:50-13:00 Local Public Sector Representative's Welcome Address

13:00-13:30 PRESIDENTIAL LECTURE

Looking forward on queer aging and endings

Esben Esther Pirelli Benestad

13:30-14:00 CULTURAL PERFORMANCES

PLENARY HALL-EDUARDRO VIANA

14:00-15:30 SESSION 1: INVITED TALK & ORAL PRESENTATIONS

Chairs: **Goran Arbanas, Stefano Eleuteri**

14:00-14:30 How do we relate to sexual violence? Evidence on laboratory sex research
Joana Carvalho

14:30-14:40 A safe(r) night out: co-creating communication strategies for awareness and prevention of sexually transgressive behavior
Zanouka Bonfilio

14:40-14:50 Adolescent participants' perceptions about the SUN (Stand Up Now against sexual violence) program
Eunice Carmo

14:50-15:00 Why we should avoid using the term "Sexual Abuse" when describing the crime of sexual violence against children and adolescents.
Maria Cristina Milanez Werner

15:00-15:10 Sexual consent. Exploring attitudes, beliefs and behaviors towards interpretation of complex sexual scenarios
Nieves Moyano Muñoz

15:10-15:20 Compulsive sexual behavior disorder: The relationship with sexual distress and the role of sex
Erifli Kontaxi

15:20-15:30 When boundless empathy becomes a relational drug: The clinical anatomy of affective dependence
Lorella Di Nicola

PARALLEL HALL-ALMADA NEGREIROS 1

14:00-15:30 SESSION 2: INVITED TALK & ORAL PRESENTATIONS

Chairs: **Esben Esther Pirelli Benestad, Patricia Pascoal**

14:00-14:30 Evidence based medical care in gender incongruence and It's affirmation in the Portuguese public health care
Marco Goncalves

14:30-14:40 When voice and self diverge: Voice incongruence as a marker of expressive writing dynamics
Manuela Moura

- 14:40-14:50 Navigating the oppressive gender “Multiple Bind” and authenticity in trans and non-binary persons
Jo C.G. Matos
- 14:50-15:00 A reversed heterosexual orgasm gap-women more often than men experience orgasm more than once
Piet Van Tuijl
- 15:00-15:10 Between shame and control: Understanding reactionary masculinity
Andre Silva
- 15:10-15:20 Transgender subjectivities in Portugal: Psychoanalytic reflections on listening, embodiment, and care
Olga Oliveira Cunha
- 15:20-15:30 Discussion

PARALLEL HALL ALMADA NEGREIROS 2

- 14:00-15:30 SESSION 3: ORAL FLASH PRESENTATIONS**
 Chairs: **Sam Geuens, Tal Peleg-Sagy**
- 14:00-14:05 Between the real and the virtual: Impacts of AI pornography on human sexuality
Marta Moura Neves
- 14:05-14:10 Integrating asexual attitudes reassessment (SAR) into psychosexuality training: Lessons and challenges from Greece’s institute of psychosexual education
Chrysoula Iliopoulou
- 14:10-14:15 Sexual function and depressive symptoms during the transition to parenthood: A comparison between couples of different reproductive stages
Nicole Bolzan
- 14:15-14:20 Qualitative analysis of global sexual health needs among marginalized populations
Sophie Gilbert
- 14:20-14:25 “I thought I peed myself”: Exploring women’s first squirting experiences
Jessica Pafs
- 14:25-14:30 Beyond “Yes” and “No”: Sexual compliance, coercive control, and gendered power in adolescent intimate partner violence
Mylene Fernet
- 14:30-14:35 Belonging, creativity, and sexual development in the fur fandom: Clinical insights for affirming care
Anna Randall
- 14:35-14:40 Narratives of social betrayal: Responses and perceived social support in young girls’ disclosures of intimate partner sexual violence
Clara Fahlstadius
- 14:40-14:45 Marital rape within domestic violence: psychological and psychosexual consequences and implications for trauma-informed care
Andreas Lysafidis
- 14:45-14:50 Negotiating sexual and reproductive health and rights in Norwegian school curricula from 1939 to 2020
Ase Rothing
- 14:50-14:55 Week6: Addressing gaps in sexuality education with youth-driven solutions
Indiana Aegisdottir
- 14:55-15:00 Introducing sexual education to schools in countries in which citizens represent mainly the conservative worldview: A critique
Nika Bogdanowska & Ewa Bogdanowska-Jakubowska
- 15:00-15:05 Sexism modulates people’s positions regarding sexual consent
Pablo Vallejo Medina
- 15:05-15:10 Queer sexual health: A content analysis through instagram reels
Amber Vandenberg

- 15:10-15:15 Not all health and welfare professionals need to be sexologists, but all need to be able to address sexual health
Malin Lindroth
- 15:15-15:20 A multidisciplinary approach to the management of vulvodynia
Jenny Toftner
- 15:20-15:25 Sexual and reproductive health and rights among young LGBTQ+ people in state care in Sweden – A dire need for improvements
Malin Lindroth
- 15:25-15:30 Integrating photovoice and the plissit framework: A rights-based model for adolescent healthy sexuality education and agency-building
Sivan Lotan & Meny Malka

PARALLEL SOUZA PINTO

- 14:00-15:00** **SESSION 4: DEMO SESSION: E-MERGIR: A DIGITAL PSYCHOSEXUAL INTERVENTION TO PROMOTE SEXUAL AND EMOTIONAL WELL-BEING IN PROSTATE CANCER SURVIVORS**
- 14:00-15:00 Session organized by:
Sonia Pieramico, Helia Rocha, Joana Carvalho, Pedro Nobre, Ana Luisa Quinta-Gomes
- 15:30-16:00 *Coffee Break & Exhibition*

PLENARY HALL-EDUARDRO VIANA

- 16:00-18:00** **SESSION 5: INVITED TALK & ORAL PRESENTATIONS**
Chairs: **Charmaine Borg, Filippo Maria Nimbi**
- 16:00-16:30** **Developments and implications of sexual justice in Europe**
Alain Giami
- 16:30-17:00** **Estrogen and testosterone and their synergistic role in sexual function**
Jim Pfaus
- 17:00-17:30** **A Conceptual framework of anxiety by level of interference in sexual dysfunction (ALI-SD)**
Evie Kyrana
- 17:30-17:40 The Perception of sexual consent: An analysis by gender and age
Margherita Leccese
- 17:40-17:50 Asexuality In autism: Desire and disgust In neurodivergent sexual profiles
Elisabetta Gennaro
- 17:50-18:00 Beyond deficits: Sexual experiences of autistic adults in online communities
Angela Pinto

PARALLEL HALL-ALMADA NEGREIROS 1

- 16:00-17:00** **SESSION 6: SYMPOSIUM: SEXUALITY AND RELATIONSHIP IN THE CONTEMPORARY ERA**
Chairs: **Francesca Tripodi, Federico Sandri**
- 16:00-16:20 Sexologists and sexuality, let's reflect on where we were and where we are: the pathology of desire
Maria Cristina Florini
- 16:20-16:40 Narcissistic personality traits and dynamics of intimacy and sexuality
Anna Gualerzi
- 16:40-17:00 Polyamory and affective plurality: Clinical-sexological implications for relational health
Elena Lenzi or Federico Sandri

PARALLEL HALL ALMADA NEGREIROS 2

16:00-17:30 SESSION 7: EARLY CAREER CORNER: FLIRTING WITH A CAREER IN SEXOLOGY

This interactive session offers early career sexologists a space to openly discuss challenges, exchange experiences with peers, and ask questions that go beyond what ChatGPT can answer. Through small-group discussions followed by an open Q&A with experienced professionals, participants will gain new insights, connections, and reassurance that they are not alone in their journey.

Experienced professionals team:

Esben Esther Pirelli Benestad, Stefano Eleuteri, Filippo Maria Nimbi, Tal Peleg-Sagy

Young professionals team:

Pauline Freytag, Laura Gimmel, Lyra Bartsch, Pepa Pasatu, Yigit Atalay, Tabea Zorn

Join the discussion!

PARALLEL SOUZA PINTO

16:00-17:00 SESSION 8: DEMO SESSION: TRAUMA-INFORMED SENSATE FOCUS: A PRACTICAL DEMONSTRATION FOR MANAGING TRAUMA RESPONSES AND SAFE SEXUAL INTIMACY

16:00-16:10 Session Organized by: **Tali Samson**

Part 1: Conceptual Framework

16:10-16:35 **Part 2:** Live demonstration and experiential practice

16:35-17:00 **Part 3:** Clinical adaptation and reflection

PARALLEL HALL-ALMADA NEGREIROS 1

17:00-18:00 SESSION 9: SUBMITTED SYMPOSIUM: ENVISIONING AND NEGOTIATING PARENTHOOD AMONG INDIVIDUALS WITH MARGINALISED SEXUAL AND GENDER IDENTITIES AND RELATIONSHIP ORIENTATIONS

17:00-17:20 Using a conversation tool to support dialogue between intended parents and known donors in early family formation

Henny Bos

17:20-17:40 The impact of non-monogamy on parenthood choices and parenting experiences

Sophia A. Ruhland

17:40-18:00 Prospective parenthood processes: Neglected identities within the LGBTQIA+ group

Jorge Gato

PARALLEL SOUZA PINTO

17:00-18:00 SESSION 10: DEMO SESSION: REVISE: AN IMMERSIVE VIRTUAL REALITY TOOL FOR PREVENTING SEXUAL HARASSMENT IN HETEROSEXUAL COUPLES – DEMONSTRATION SESSION

17:00-18:00 Session Organized by: **Alejandro Saavedra-Roa, Pablo Vallejo-Medina, Adrian Montesano**

PARALLEL HALL ALMADA NEGREIROS 2

17:30-18:50 SESSION 11: ORAL FLASH PRESENTATIONS

Chairs: **Ines Tavares, Rezvan Skerachi**

17:30-17:35 Living with anal incontinence and its impact on quality of life and sexuality

Marian Petersen

17:35-17:40 Erotic fantasy, desire, and AI companionship: A psychosexual perspective

Berfin Alyesil

17:40-17:45 When care becomes control: Weight stigma in the lives of people with developmental disabilities

Carina Carlsen

- 17:45-17:50 Communication techniques for sexual health content on social media: A systematic review
Marie Dinh
- 17:50-17:55 Digital erotic spaces as informal sexual education: Kink, consent literacy and the limits of platform-mediated learning
Maria Manuel Ribeiro
- 17:55-18:00 Sexual response models and sexual distress: Conceptual limitations and clinical implications
Marco Goncalves
- 18:00-18:05 Six pillars of lifestyle medicine: Implications for sexual health and therapeutic outcomes
Tehila Mazal
- 18:05-18:10 The palliative sexuality care model (pscm): Integrating sexuality and intimacy across the curative–palliative continuum and end of life
Tali Samson
- 18:10-18:15 Pathway for managing the couple’s sexual function after cancer
Nora Alloy
- 18:15-18:20 Developing the sex-cancer-ireland project: Building a national framework for pleasure-inclusive sexual rehabilitation
Olivia Teahan
- 18:20-18:25 Early clinical patterns in sexual psychotherapy in serbia: A qualitative case series
Jelena Lekic
- 18:25-18:30 Mind elsewhere: Rediscovering presence in functional sexuality
Monika Mach
- 18:30-18:35 Comprehensive program for the prevention and primary care of mental and sexual health in vulnerable populations: An innovative community-based experience
Ana Yanez Otero
- 18:35-18:40 Digital sexual health and psychosexual interventions for sexual, mental, and pelvic health in urogenital cancer survivors and their partners: A systematic review
Mitra Molaeinezhad
- 18:40-18:45 Against neutrality: Radicalising clinical epistemologies in sexuality, intimacy and gender work
Luana Cunha Ferreira
- 18:45-18:50 Discussion

PLENARY HALL-EDUARDO VIANA

- 18:00-19:00 SESSION 12: SUBMITTED SYMPOSIUM: FARMACOLOGICAL TREATMENT OF PATIENTS WITH PARAPHILIAS OR PARAPHILIC DISORDERS, AND OF (NEUROPSYCHIATRIC) PATIENTS WITH HYPERSEXUALITY**
- 18:00-18:20 Hypersexuality, paraphilia and sexual offending
Michal Lew-Starowicz
- 18:20-18:40 Sexual treatment of patients with paraphilic disorders and/or hypersexuality
Goran Arbanas
- 18:40-19:00 Pharmacological treatment of patients with paraphilias or paraphilic disorders, and of (neuropsychiatric) patients with hypersexuality
Kris Goethals

PARALLEL HALL-ALMADA NEGREIROS 1

18:00-19:00 **SESSION 13: SUBMITTED SYMPOSIUM: CURRENT THEMES IN PSYCHOSEXUAL THERAPY: REFLECTIONS FROM A PUBLIC FUNDED LONDON, UK SERVICE**

- 18:00-18:20 The context and approach of our service, St. Pancras sexual problems clinic
Sheraz Ahmad
- 18:20-18:40 Recent themes over the last two years from St. Pancras sexual problems clinic
Catherine Hood
- 18:40-19:00 Revisiting the core and persistent issues in sex therapy
Catherine Hood

PARALLEL SOUZA PINTO

18:00-19:00 **SESSION 14: DEMO SESSION: EROTICISM, A MAJOR FOCUS IN PSYCHOSEXOLOGY FOR DEVELOPING OUR SEXUAL AGENCY**

- 18:00-19:00 Session Organized by **Denise Medico**

PLENARY HALL-EDUARDRO VIANA

19:00-19:30 **SESSION 15: GOLD MEDAL LECTURE 1**
Chairs: **Mehmet Sungur, Filippo Maria Nimbi**

- 19:00-19:30 48 years in sexology
Elsa Almaas

20:00-21:30 **Welcome Reception**

Friday, 29 May 2026

PLENARY HALL-EDUARDRO VIANA

08:00-08:30 **SESSION 16: AI-SEX DEBATE:
NAVIGATING CHALLENGES AND OPPORTUNITIES IN RESEARCH AND CLINICAL WORK**
Chairs: **Joana Carvalho, Sam Geuens**

08:00-08:30 Debaters: **Filippo Maria Nimbi & Charmaine Borg**

PARALLEL HALL-ALMADA NEGREIROS 1

08:00-10:00 **SESSION 17: ORAL PRESENTATIONS**

Chairs: **Jorge Gato, Goran Arbanas**

08:00-08:10 Aging experiences of trans women sex workers 40+: preliminary results
Mariana Melo

08:10-08:20 Clinical implications of homonormativity
Silva Neves

08:20-08:30 Psychosocial determinants of sexual functioning and quality of life in Italian MSM
Rodolfo Pessina

08:30-08:40 IN FIST WE TRUST. Fisting, chemsex and ageing capital among MSM in Belgium
Sandrine Detandt

08:40-08:50 Sexual life and dysfunction at 6 months postpartum in mothers and their partners: A Swiss population-based cohort study
Jessica Sormani

08:50-09:00 Self-concept clarity and social interaction anxiety in lgbtqia+ adults: Preliminary findings from a cross-sectional study
Andre Silva

09:00-09:10 Healthcare discrimination, minority stress, psychological distress, and quality of life among transfender and gender diverse people in Chile
Jenna Strizzi

09:10-09:20 Parenting beyond norms: Gender and sexuality socialization in same-gender families
Alessio Gubello

09:20-09:30 Navigating identity and practice: LGBT+ psychotherapists' experiences of common ground, microaggressions, and self-disclosure
Sofia Pavanello Decaro

09:30-09:40 Mental health, well-being, and social challenges in sexual minority youth in Norway
Jacob Evje

09:40-09:50 Understanding gender affirmation paths and identities as unique processes: Evidence from trans individuals in Portugal
Carla Moleiro

09:50-10:00 *Discussion*

PARALLEL HALL ALMADA NEGREIROS 2

08:00-10:00 **SESSION 18: ORAL PRESENTATIONS**

Chairs: **Ana Filipa Beato and Mijal Luria**

08:00-08:10 Simple and complex moods in relation to sexual motivation and strategies for orgasm
Rosaria Capasso

08:10-08:20 Relationship between neuroticism and sexual desire and sexual satisfaction in a sample of Spanish students
F. Javier del Rio Olvera

- 08:20-08:30 Going beyond pathology: Examining the positive sexuality of women with eating disorder symptoms
Genevieve Martin
- 08:30-08:40 From pornography to pornographies - A new taxonomy
Mauriza Falone Percivale
- 08:40-08:50 Clinical study of testosterone gel as adjunctive therapy to the men with hypothyroidism and erectile dysfunction
Sevada Hakobyan
- 08:50-09:00 When sex protects from intimacy: A clinical perspective on attachment and distance
Monika Mach
- 09:00-09:10 Low sexual desire in a young woman: Is the gut-brain axis relevant? A case report
Nina Basic-Markovic
- 09:10-09:20 Neurobiology of fear and love: Couple aggression and "end of love syndrome" in relation to femicide
Lorella Di Nicola
- 09:20-09:30 Parental attitudes and practices towards school-and home-based sexual education in Belgium: A national probability survey
Nina van Eekert
- 09:30-09:40 Gender differences in sexual response: role of oxytocin and neurobiological patterns
Lorella Di Nicola
- 09:40-09:50 A psychodynamic-sexological model of attachment, sexuality, and depressive distress: How infertility and art reconfigure intimacy
Victoria Docu
- 09:50-10:00 *Discussion*

PARALLEL HALL JOAO VAZ

- 08:00-09:00 SESSION 19: DEMO SESSION: PLEASURE AND SELF-DETERMINATION: RETHINKING THE SEXUALITY OF DISABLED PEOPLE THROUGH AN ANTI-OPPRESSIVE LENS**
- 08:00-09:00 Session Organized by **Nadia Morand**

PLENARY HALL-EDUARDO VIANA

- 08:30-10:00 SESSION 20: ESSM SYMPOSIUM-THE DUAL CONTROL OF SEXUAL BEHAVIOUR-FROM SEXUAL DYSFUNCTION TO HYPERSEXUALITY**
Chair: **Francesca Tripodi**
- 08:30-09:00 Sexual performance anxiety- the SPA model and clinical approach
Evie Kyrana
- 09:00-09:30 Compulsive sexual behaviour-neurophysiology and treatment
Michal Lew Starowicz
- 09:30-10:00 The impact of partners' excitation-inhibition balance on the relationship
Marieke Dewitte

PARALLEL HALL JOAO VAZ

- 09:00-10:00 SESSION 21: DEMO SESSION PEERS PERFORMING PARODY: A DEMO FOR GENDER-TRANSFORMATIVE SEXUAL HEALTH PROMOTION**
- 09:00-10:00 Session organized by: **Shira B. Taylor, Sarah Flicker, Isfandyar Virani, Talib Rashdi, Aleef Khan**

PLENARY HALL-EDUARDRO VIANA

10:00-11:00 SESSION 22: INVITED TALK & ORAL PRESENTATIONS

Chairs: **Stefano Eleuteri, Evie Kyrana**

10:00-10:30 The menstrual cycle and female sexuality: What we really know

Jeffrey Wade Kiesner

10:30-10:40 Gendered perspectives on faking orgasm: A qualitative analysis of men's and women's opinions

Adamantia Nikolaou

10:40-10:50 The sexual personality of the femicide perpetrator: Identity, sexuality, and dependency anxiety

Maurizia Falone Percivale

10:50-11:00 Impact of medically assisted reproduction on sexual function and quality of life in infertile couples

Ana Sofia Carneiro

PARALLEL HALL-ALMADA NEGREIROS 1

10:00-11:00 SESSION 23: SUBMITTED SYMPOSIUM: NEURODIVERSITY AND SEXUALITY: SEXUAL RIGHTS AND CLINICAL IMPLICATIONS

10:00-10:15 Key principles related to sexuality and sexual rights in neurodivergent individuals, framing sexual well-being as a core component of mental health and quality of life

Patricia Pascoal

10:15-10:30 Attention-deficit/hyperactivity disorder (ADHD) and related conditions, examining their impact on sexual functioning, intimacy, and relational dynamics

Ana Filipa Beato

10:30-10:45 Autism spectrum conditions in relation to sexual and gender diversity

Ana Cristina Pablo

10:45-11:00 Couple's therapy with young adults with Down syndrome and cognitive intellectual developmental disorders

Maria Joana Almeida

PARALLEL HALL ALMADA NEGREIROS 2

10:00-11:00 SESSION 24: ORAL FLASH PRESENTATIONS

Chairs: **Francesca Tripodi, Catia Oliveira**

10:00-10:05 The at-risk health status: A third identity category among young, circumcised migrant women

Camilla Palm

10:05-10:10 Recovering silenced reproductive stories: Intergenerational sexual health education through the graphic novel abuelas

Mariona Visa

10:10-10:15 Female sexual dysfunction, premenstrual syndrome, and childhood adversities: a franco-tunisian comparative study

Maryam Hajji

10:15-10:20 Asexuality and the failure of erotic imagination

Chant Malan

10:20-10:25 Towards which love? From romantic love to liquid love

Lorella Di Nicola

10:25-10:30 Sexual protection choices among italian MSM: Identity, stigma, and health outcomes

Rodolfo Pessina

10:30-10:35 Auto-homophobia, psychosis and suicidality-the conditions for good and for poor outcome, as found in two clinical cases

Fatima Gysin

- 10:35-10:40 Cross-cultural exploration of the association between sexual ageism and successful sexual aging
Pedro Alexandre Costa
- 10:40-10:45 Recognizing sexuality in later life: Healthcare needs of aging gay and bisexual men in israel
Geva Shenkman
- 10:45-10:50 Out in sports or out of sports: Well-being of LGBTQI+ people in sports in portugal
Maria Simoes de Abreu
- 10:50-10:55 MaterScreen database: mapping reproductive processes in contemporary Spanish audiovisual fiction. Insights from a mixed-method analysis conducted in Spain
Mariona Visa
- 10:55-11:00 EMDR (Eye Movement Desensitization and Reprocessing) in the treatment of sexual problems. A review of cases seen over four years of experience.
Catherine Hood

PARALLEL HALL JOAO VAZ

- 10:00-11:00** **SESSION 25: DEMO SESSION: TRANSNATIONAL SEXUAL ATTITUDE REASSESSMENT (SAR): CULTIVATING CULTURAL REFLEXIVITY IN SEXOLOGICAL PRACTICE**
- 10:00-11:00 Session Organized by: **Celina Criss, Agata Lowe-Kurlla**
- 11:00-11:30 *Coffee Break & Exhibition*

PLENARY HALL-EDUARDO VIANA

- 11:30-13:30** **SESSION 26: INVITED TALKS & ORAL PRESENTATIONS**
 Chairs: **Daniel Cardoso, Michal Lew Starowicz**
- 11:30-12:00** **DEBATE: IS BDSM A PARAPHILIC DISORDER**
Debaters: Pro: **Goran Arbanas** | Con: **Tal Peleg Sagy**
- 12:00-12:30** **Menopausal sexuality at the intersection of society and science: Reclaiming rights, pleasure, and evidence-based care**
Faysal El-Kak
- 12:30-12:40 Beyond "Best Interests": Medical necessity and regulatory reform for protecting children from genital cutting in australia
Jonathan Meddings
- 12:40-12:50 Voluntariness on trail: Youth, romantic relationships, and child rape judgments in Sweden
Clara Fahlstadius
- 12:50-13:00 Needs in primary health care in the care of transgender and gender-diverse people: A multicenter study in Portugal
Marco Goncalves
- 13:00-13:10 Polarization regarding sexuality education: Public opinion towards sexuality education in belgium
Lise Rosquin
- 13:10-13:20 Mature love: Clinical and relational perspectives from 60 to 100 years and more
Maurizia Falone Percivale
- 13:20-13:30 *Discussion*

PARALLEL HALL-ALMADA NEGREIROS 1

11:30-12:30 SESSION 27: MEET THE EXPERTS & INVITED TALK

Chairs: **Mehmet Sungur, Sam Geuens, Stefano Eleuteri**

11:30-12:10 Meet the Experts Session with **Sam Geuens** and **Stefano Eleuteri**

12:10-12:30 Infidelity and its consequences: Is it possible to re-build trust following affairs
Mehmet Sungur

PARALLEL HALL ALMADA NEGREIROS 2

11:30-13:30 SESSION 28: ORAL PRESENTATIONS

Chairs: **Ines Tavares, Aleksander Stulhofer**

11:30-11:40 Digital sexual experiences, problematic online platform use, and mental well-being in university students: Findings from the STREAM study
Jalisse Schmid

11:40-11:50 Seducing without touching: Pragmatic practices of desire in digital intimacy
Monika Mach

11:50-12:00 Digital love: Seduction, courtship, sexual attraction, and intimacy in the social media era
Maurizia Falone Percivale

12:00-12:10 Can AI read the emotional response of couples? A comparison of transformer and lexicon models
Alejandro Saavedra-Roa

12:10-12:20 Happiness and perceived belonging among european dating application users: A three-wave comparative study
Iiris Lehtola

12:20-12:30 Taking the red pill? Paranoid thinking, psychological vulnerability, sexism and online gendered violence
Lilybeth Fontanesi

12:30-12:40 Sexualized female-coded technologies: A scoping review of empirical evidence
Joana Carvalho

12:40-12:50 Digital connections and chemsex: Implications for sexual health and clinical practice
Marta Moura Neves

12:50-13:00 Virtual reality and sexual arousal: A laboratory study on genital and subjective response
Oscar Cervilla

13:00-13:10 Romance and love between swipes and scrolls? – A quantitative media content analysis of dating and relationship content on tiktok
Isabel Lange

13:10-13:20 On trusting birdkeepers and protecting lions: Parents' perspectives on parent-adolescent communication about sexting
Silke Van Dijck

13:20-13:30 *Discussion*

PARALLEL HALL JOAO VAZ

11:30-12:30 SESSION 29: DEMO SESSION: BEYOND THE DISORDER: DEMONSTRATING THE DMPPR MODEL FOR SEXUALITY AFTER ACQUIRED DISABILITY

11:30-12:30 Session Organized by: **Andy Ifergane, Dan Swissa, Tamar Kosef, Gal Ifergane**

PARALLEL HALL-ALMADA NEGREIROS 1

- 12:30-13:30** **SESSION 30: SUBMITTED SYMPOSIUM: EFS & EPATH JOINT SYMPOSIUM: INTERDISCIPLINARY APPROACHES TO SEXUAL WELL-BEING IN GENDER INCONGRUENT PEOPLE: A SEX-POSITIVE IMPERATIVE**
- 12:30-12:50 Gender euphoria and its impact on the sexual well-being
Esben Esther Pirelli Benestad
- 12:50-13:10 Sexual well-being after gender affirming surgeries
Müjde Özer
- 13:10-13:30 Intersections of identities, trauma-informed care and social influences on sexual well-being and pleasure
Iva Zegura

PARALLEL HALL JOAO VAZ

- 12:30-13:30** **SPECIAL SESSION 31: SEXOLOGY SPEED DATING**
 Facilitators: **Charmaine Borg, Filippo Maria Nimbi, Patricia Pascoal, Sam Geuens, Tal Peleg Sagy, Stefano Eleuteri**
- 12:30-13:30 A special surprise session... Find out more on-site!
- 13:30-15:00 *Break*

PLENARY HALL-EDUARDRO VIANA

- 15:00-16:30** **SESSION 32: WAS SYMPOSIUM**
- 15:00-15:30 Sexual health across the life course: From adolescence to older age
Faysal El Kak
- 15:30-16:00 Youth, digital sexuality, and emerging risks
Stefano Eleuteri
- 16:00-16:30 Sexual health of vulnerable and marginalized populations: Beyond access
Esben Esther Pirelli Benestad

PARALLEL HALL-ALMADA NEGREIROS 1

- 15:00-16:00** **SESSION 33: SUBMITTED SYMPOSIUM: EMERGING CHALLENGES IN SEXUAL MINORITY HEALTH: CHEMSEX, INTRAMINORITY STRESS, AND PSYCHOSOCIAL WELL-BEING**
 Chair: **Henny Bos**
- 15:00-15:20 Drug-specific chemsex prevalences among sexually minoritized people: A meta-analytic study
Wouter J. Kiekens
- 15:20-15:40 Why intraminority stress leads to mental health problems: Rejection sensitivity as a key mediator
Mark Assink
- 15:40-16:00 Sexology within a multidisciplinary, multicomponent network of services for people who practice chemsex
Filipe C. Gomes
- 16:00-16:30** **SESSION 34: ORAL PRESENTATIONS**
 Chairs: **Ana Luisa Quinta Gomes, Jeffrey Wade Kiesner**
- 16:00-16:10 Mating strategies, personality, and relational patterns in the manosphere: An evolutionary approach to the study of incel phenomenon
Lilybeth Fontanesi
- 16:10-16:20 Stigma-related experiences among individuals on the asexual spectrum
Ana Catarina Carvalho
- 16:20-16:30 Beyond sexual self-schemas: Sexual i-positions as superior predictors of women's sexual satisfaction
Sinem Begum Akis

PARALLEL HALL ALMADA NEGREIROS 2

15:00-16:00 SESSION 35: SUBMITTED SYMPOSIUM: BDSM AND KINK IN CONTEMPORARY SEXOLOGY: CLINICAL PRACTICE, RESEARCH EVIDENCE, AND SEXUAL RIGHTS

15:00-15:20 Sexual satisfaction and relational dynamics among BDSM/kink practitioners

Manuel Catalán Águila

15:20-15:40 Stigma, discrimination, and healthcare experiences among BDSM/kink practitioners

Jenna Marie Strizzi

15:40-16:00 BDSM/kink and sexual rights: Implications for clinical practice and research

Immaculada Fernandez Agis

PARALLEL HALL JOAO VAZ

15:00-16:00 SESSION 36: DEMO SESSION: BODY-ORIENTED PRACTICES FOR COUPLES THERAPISTS: SUPPORTING SEXUAL DYNAMICS AND SEXUAL DIAGNOSIS

15:00-16:00 Session Organized by: **Eszter Vadasz, Balazs Erods**

PARALLEL HALL ALMADA NEGREIROS 2

16:00-16:30 SESSION 37: ORAL PRESENTATIONS

Chairs: **Joao Sousa, Evie Kyrana**

16:00-16:10 Sense of safety and school climate among LGBTQ+ adolescents in flanders: results from the 2021–2022 flemish school climate survey

Jakob de Volder

16:10-16:20 European sexology experts' perspectives on designing a master's program in human sexology: A qualitative study

Jenna Strizzi

16:20-16:30 Is it love what i am feeling? Sexuality and romantic relationships among young people in catalonia

Margarida Carnice Mur

16:30-17:00 *Coffee Break & Exhibition*

PLENARY HALL-EDUARDRO VIANA

17:00-18:30 SESSION 38: SEXUAL JUSTICE CONSULTATION: DEVELOPING SEXUAL JUSTICE IN EUROPE

Chairs: **Alain Giami, Esben Esther Pirelli Benestad**

17:00-17:20 Sexual and reproductive rights in Italy: What is changing and what are we trying to do?

Stefano Eleuteri

17:20-17:40 Grassroots Responses to Sexual Injustice

Inga Grin

17:40-18:00 Clinical is political ! Promoting sexual justice, awareness and action in psychosexology

Denise Medico

18:00-18:20 Ableism as a structural obstacle to sexual justice in Europe

Nadia Morand

18:20 -18:30 *Discussion*

PARALLEL HALL-ALMADA NEGREIROS 1
17:00-18:30 SESSION 39: INVITED TALK & ORAL PRESENTATIONS

 Chairs: **Ana Filipa Beato, Filippo Maria Nimbi**
17:00-17:30 Considerations to be discussed regarding common European Accreditation for professional education in clinical sexology
Elsa Almaas

 17:30-17:40 Polarisation regarding sexuality education: Teachers' views on school-based sexuality education in Flanders (Belgium)
Tara De Laet

 17:40-17:50 MyBody: Multilingual sexual health education for inclusive access to SRHR in Sweden
Catharina Lundgren Idh

 17:50-18:00 The life lab: An inclusive approach to affective and sexual education for people with disabilities
Nadia Morand

 18:00-18:10 Staging "We're Just Men": reflections on the gender transformation potential of theatre-based peer education
Sarah Flicker

 18:10-18:20 Self-administered questionnaires to evaluate sexuality education interventions for young people: A scoping review
Jenny Rawass

 18:20-18:30 *Discussion*
PARALLEL HALL ALMADA NEGREIROS 2
17:00-18:30 SESSION 40: INVITED TALK & ORAL PRESENTATIONS

 Chairs: **Patricia Pascoal, Charmaine Borg**
17:00-17:30 The Interplay of Systems in Sexual Pain: Essential Considerations for Clinicians
Mijal Luria

 17:30-17:40 Absent bleeding at first vaginal penetration and its psychosexual correlates: Latent class analysis of survey data from 3,737 russian-speaking women
Maria Bocharova

 17:40-17:50 Psychometric evidence for the spanish adaptation of the classifying our metamour/partner emotional response scale (COMPERSe)
Immaculada Fernandez Agis

 17:50-18:00 Either you smell ok or no-way! Predicting disgust from human body odor chemosignals
Mariana Carrito

 18:00-18:10 Consolidating research and clinical collaboration in sexual medicine: The institutional evolution of ISMR
Marianne Greil-Soyka

 18:10-18:20 Menstrual-related symptoms and absence from school among young people in Sweden-a stratified, randomized, population-based survey
Klara Abrahamsson

 18:20-18:30 *Discussion*
PARALLEL HALL JOAO VAZ
17:00-18:00 SESSION 41: DEMO SESSION: SEXOLOGY INTERVISION SESSION FOR AND FROM EARLY CAREER SEXOLOGISTS

 17:00-18:00 Session Organized by **Laura Gimmel, Lyra Bartsch**
18:30-19:30 EFS General Assembly

Saturday, 30 May 2026

PLENARY HALL-EDUARDRO VIANA

08:30-09:30 SESSION 42: INVITED TALKS AND ORAL PRESENTATIONS

Chairs: **Esben Esther Pirelli Benestad, Ana Luisa Quinta Gomes**

**08:30-09:00 The Porto proclamation on sexual health, rights and justice
Elna Rudolph Grobler**

09:00-09:10 Pioneering the future: A conversation with efs founder willy pasini
Fatima Gysin

09:10-09:20 The role of internal and external consent and of mentalized affectivity in sexual satisfaction
Adamantia Antoniou

09:20-09:30 The relationship between body image and sexual health literacy in patients undergoing oncological treatment: Preliminary results from a tertiary oncological healthcare center
Zeynep Uludag

PARALLEL HALL-ALMADA NEGREIROS 1

**08:30-09:30 SESSION 43: SUBMITTED SYMPOSIUM: FROM TEHRAN TO ROME: PORNOGRAPHY USE AND
SEXUAL HEALTH ACROSS CONTRASTING CULTURES**

08:30-08:50 Conceptual and empirical links between pornography consumption, sexual compulsivity, and problematic pornography use
Rezvan Shekarchi

08:50-09:10 The relationship between pornography consumption and sexual health outcomes, including sexual functioning and sexual satisfaction
Stefano Eleuteri

09:10-09:30 Patterns observed in Iran and Italy
Valeria Saladino

PARALLEL HALL-ALMADA NEGREIROS 2

08:30-09:30 SESSION 44: ORAL PRESENTATIONS

Chairs: **Joao Sousa, Tal Peleg-Sagy**

08:30-08:40 Growth trajectories of adolescents' positive sexuality: The role of socio-demographics, sexual experiences, and sexual media use
Thi Willems

08:40-08:50 Sexology and sex education in modern India
Arnav Bhattacharya

08:50-09:00 Knowledge is power: Hidden power relations in state speech about comprehensive sexuality education (CSE)
Katrina Marson

09:00-09:10 The function of the dysfunction: A systemic lens in psychosexual assessments and treatments for better clinical outcome
Silva Neves

09:10-09:20 Pharmacopornographic (Trans) temporalities: Theoretical approach towards trans women ageing and (their) drag performance
Jorge Oliveira

09:20-09:30 *Discussion*

PARALLEL HALL-JOAO VAZ

08:30-09:30 SESSION 45: DEMO SESSION: HELPING CLIENTS GIVE THEIR SEX ORGANS A VOICE : A GESTALT SEX THERAPY TECHNIQUE

08:30-09:30 Session Organized by **Jean Gervet**

PLENARY HALL-EDUARDRO VIANA

09:30-10:30 SESSION 46: GOLD MEDAL LECTURE 2

Chairs: **Esben Esther Pirelli Benestad, Patricia Pascoal**

09:30-10:30 From clinical psychology to the sexlab and back, from Portugal to the world, from science to societal impact: A journey of a sex researcher
Pedro Nobre

PARALLEL HALL-ALMADA NEGREIROS 1

09:30-10:30 SESSION 47: SUBMITTED SYMPOSIUM: SEXUAL ASSISTANCE AND ACCOMPANIMENT: IN BETWEEN PROTECTING AND PROMOTING THE SEXUAL RIGHTS OF PEOPLE WITH DISABILITIES

Chair: **Federico Sandri**

09:30-09:50 Frameworks of sexual assistance and accompaniment
Teresa Isabel Romero Velasquez

09:50-10:10 Ethics of engagement
Maria Cristina Florini

10:10-10:30 Empirical panorama + current and future policies
Ana Rocha Pinho

PARALLEL HALL-ALMADA NEGREIROS 2

09:30-10:30 SESSION 48: SUBMITTED SYMPOSIUM: SHAME, MENTALIZING AND SEXUAL PLEASURE IN MEN WHO HAVE SEX WITH MEN: FROM CONTAINMENT TO CONNECTION

09:30-09:50 A mentalizing-based account of sexual pleasure integrating mentalization theory (I-, Me- and We-mode) with a biopsychosocial perspective
Meine Bosma-Bleeker

09:50-10:10 Shame Containment Theory (SCT), an attachment-based framework that conceptualises shame as a complex but potentially protective emotion that is often unrecognised in therapy
Lisa Etherson

10:10-10:30 Clinical and scholarly work with MSM experiencing CSB: "Sex addiction" narratives and 12-step-based approaches that are rooted in heteronormative and sex-negative assumptions replicating homonegative societal oppression in the consulting room
Silva Neves

10:30-11:00 *Coffee Break & Exhibition*

PLENARY HALL-EDUARDRO VIANA

11:00-12:30 SESSION 49: SPSC SYMPOSIUM-BRIDGING SEXUALITY AND MENTAL WELLNESS: A SYMPOSIUM FOCUSED ON OCD, NEURODIVERSITY, AND TRANS WOMEN'S VOICES

11:00-11:30 The sexuality of obsessive-compulsive disorder: Understanding to intervene
Ana Cristina Pablo

11:30-12:00 Inclusive mental health: Supporting neurodiversity through sexuality
Maria Joana Almeida

12:00-12:30 How voice shapes gender, self, and belonging for trans women
Manuela Moura

PARALLEL HALL-ALMADA NEGREIROS 1

11:00-12:30 SESSION 50: ORAL PRESENTATIONS

Chairs: **Daniel Cardoso, Eli Jubert**

- 11:00-11:10 Improving sexual health care for young people with mental disorders: Implementation of professional training programs in France
Michelle Veilleux
- 11:10-11:20 Addressing the sexual rights of young disabled adults who were not expected to live
Sarah Earle
- 11:20-11:30 Sexual assistance and accompaniment: A qualitative exploration on the opinions of people with disabilities
Teresa Isabel Romero Velasquez
- 11:30-11:40 Beyond the disorder: The DMPR integrative model for sexuality after acquired disability
Andy Ifergane
- 11:40-11:50 Anti-ableism and sexual health: Fostering autonomy and self-determination for people with disabilities
Nadia Morand
- 11:50-12:00 Reframing performance anxiety as shame anxiety: Advancing psychosexual therapy through shame containment theory
Lisa Etherson
- 12:00-12:10 The role of prostate W-spot massage in promoting erection and delaying ejaculation
Qinghua Wang
- 12:10-12:20 AI sex education: An exploratory study of CHAT GPT's responses to authentic adolescents' sexuality-related questions
Josephine C.H. Hammerschmitt

PARALLEL HALL-ALMADA NEGREIROS 2

11:00-12:00 SESSION 51: SUBMITTED SYMPOSIUM: QUEER SEXOLOGY: WHAT CLINICIANS NEED TO KNOW

- 11:00-11:20 Queer sexology: what clinicians need to know
Dominic Davies
- 11:20-11:40 Sexological consultation with men who have sex with men
Antonio Prunas
- 11:40-12:00 Sexological consultation with Transgender and non binary clients
Annalisa Anzani

PARALLEL HALL-JOAO VAZ

11:00-12:00 SESSION 52: DEMO SESSION: EROTICISM, A MAJOR FOCUS IN PSYCHOSEXOLOGY FOR DEVELOPING OUR SEXUAL AGENCY

- 11:00-12:00 Session Organized by **Denise Medico**

PARALLEL HALL-ALMADA NEGREIROS 2

12:00-12:30 SESSION 53: ORAL PRESENTATIONS

Chairs: **Goran Arbanas, Charmaine Borg**

- 12:00-12:10 Adolescent self-consent in sexuality research: Ethical, legal and rights-based arguments for direct participation of 14–18-year-olds
Sam Geuens
- 12:10-12:20 What does it mean to have vaginismus? – In their own voice
Andreia Antunes
- 12:20-12:30 Youth engagements with pornographic stereotypes: A systematic scoping review
Lotte Desiree Mikkers

PARALLEL HALL-JOAO VAZ

12:00-13:00 **SESSION 54: DEMO SESSION: AFFECTUS: A DIGITAL SEXUAL HEALTH PROMOTION PROGRAM FOR BREAST CANCER SURVIVORS – LIVE DEMONSTRATION**

12:00-13:00 Session Organized by: **Diana Ferreira, Cristina Mendes-Santos, Ana Luisa Quinta-Gomes**

PLENARY HALL-EDUARDRO VIANA

12:30-14:00 **SESSION 55: INVITED TALKS & ORAL PRESENTATIONS**

Chairs: **Joana Carvalho, Goran Arbanas**

12:30-13:00 **Continuous education in sexology: The IOSS model**

Francesca Tripodi

13:00-13:10 Don't call me by your name: Sexual relations between men and the refusal to identify as homosexual: A qualitative survey amongst H-MSM

Lirim Tasdelen

13:10-13:20 Sexual desire and infidelity: Associations and gender differences

Toivo Aavik

13:20-13:30 Consensual practice of BDSM as an out of body experience-exploring relationship between pleasure and embodied cognition

Aleksandra Plewka

13:30-13:40 Body over mind: The effect of causal attribution on sexual and gender affirmation and perceived competence

Sofia Jacinto

13:40-13:50 Bidirectional relationships between anal intercourse and anorectal health: A clinical review

Rodolfo Pessina

13:50-14:00 *Discussion*

PARALLEL HALL-ALMADA NEGREIROS 1

12:30-13:30 **SESSION 56: SUBMITTED SYMPOSIUM: THE DYNAMICS OF POSITIVE SEXUAL AGING**

Chairs: **Ana P. Carvalheira & Aleksandar Stulhofer**

12:30-12:45 Cross-cultural exploration of the association between sexual ageism and successful sexual aging

Pedro A. Costa

12:45-13:00 Unmasking desire: Sexual agency and autonomy among older women in Croatia

Tanja Bukovcan

13:00-13:15 Partnership, perceptions and prejudice: Understanding differences in positive sexual ageing in older age

Gabriela Gore-Gorszewska

13:15-13:30 Successful sexual aging: Are links with relationship satisfaction and emotional intimacy gender specific?

Jasmina Mehulic

PARALLEL HALL-ALMADA NEGREIROS 2

12:30-14:00 **SESSION 57: INVITED TALKS & ORAL PRESENTATIONS**

Chairs: **Patricia Pascoal, Elsa Almaas**

12:30-13:00 **Designing a European standard in sexology education: The EMSEX Erasmus mundus joint master**

Ana Filipa Beato

13:00-13:10 Positive and negative sexual cognitions and sexual functioning during masturbation in diverse sexual and gender identities

Oscar Cervilla

- 13:10-13:20 Understanding sexual fluidity: Sexual biographies in Austria
Barbara Rothmuller
- 13:20-13:30 "In safe hands": A mixed-method study on sexual pleasure and contributing factors among visitors of the Dutch 'Lowlands' festival
Marianne Cense
- 13:30-13:40 Understanding genital self-image and genital cosmetic surgery among Cisgender women in Belgium
Hannelore van Bavel
- 13:40-13:50 I'd rather eat a cake: Asexual, demisexual, and graysexual women's pre-attention and subjective appraisal of explicit sexual images
Maryna Kostiukova
- 13:50-14:00 *Discussion*

PARALLEL HALL-ALMADA NEGREIROS 1

13:30-14:00 SESSION 58: ORAL PRESENTATIONS

Chairs: **Jorge Gato, Tal Peleg-Sagy**

- 13:30-13:40 Sexual distress scale—short form: A validation study in portuguese samples
Ines Tavares
- 13:40-13:50 Researching youth sexuality with adolescents: A participatory perspective
Patricia Geier
- 13:50-14:00 Sexual function and quantity of life in women at a family healthcare center in Chile, 2024
Judith Poza

14:00-15:00 *Break*

PLENARY HALL-EDUARDO VIANA

15:00-16:00 SESSION 59: CONTEMPORARY PORNOGRAPHY: FROM SINGULAR CONTENT TO PSYCHO-AFFECTIVE AND SEXUAL, SOCIO-ECONOMIC, CULTURAL DEVICE

- 15:00-15:10 The new taxonomy introduces a five-level classification framework reconceptualizing pornography from singular phenomenon to plural "pornographies" providing clinical precision for assessment and intervention
Maurizia Falone Percivale
- 15:10-15:20 The psychoanalytic perspective examines pornography's impact on imaginative capacity, desire structuring, and subjective experience, exploring how consumption may erode psychic space for fantasy while serving defensive or exploratory functions
Umbertina Pilotti & Silvana Ceresa
- 15:20-15:30 The sexological analysis investigates pornography's influence on physiological sexual response, particularly ejaculatory control and arousal patterns, examining clinical presentations where pornographic conditioning shapes sexual functioning
Maria Claudia Biscione
- 15:30-15:40 The Jungian-archetypal perspective contextualizes pornography within historical-cultural perspectives and Jungian psychology, examining its relationship with shadow and animus/anima dynamics
Antonino Enia
- 15:40-15:50 The socio-economic framework situates pornography within broader economic systems, analysing production, distribution, and consumption patterns as reflections of societal values and gender relations
Luigi Spadarotto
- 15:50-16:00 Clinical case integration presents detailed clinical material demonstrating how pornography intersects with couple dynamics, individual psychopathology, and treatment processes
Lorella Di Nicola

PARALLEL HALL-ALMADA NEGREIROS 1

15:00-16:00 SESSION 60: SUBMITTED SYMPOSIUM: FROM HARM TO HEALING: GLOBAL ACTION SUPPORTING SURVIVORS OF MALE GENITAL CUTTING

- 15:00-15:20 Introducing a world-first online training course designed to promote trauma-informed practice for professionals supporting people affected by male genital cutting
Jonathan Meddings
- 15:20-15:40 Testimonies of affected individuals at the heart of public understanding and professional practice
Jason Metters
- 15:40-16:00 A world-first online support group for survivors of male genital cutting
Leif Thompson

PARALLEL HALL-ALMADA NEGREIROS 2

15:00-16:00 SESSION 61: ORAL PRESENTATIONS

 Chairs: **Alain Giami, Daniel Cardoso**

- 15:00-15:10 What contributes to active sexual life in older age? A longitudinal analysis of sexual activity among older Czechs
Anna Sevcikova
- 15:10-15:20 Sexual consent: Attitudes and practices of heterosexual and queer youth
Javier Koole
- 15:20-15:30 Self-esteem and internalized transphobia among gender non-conforming people
Laura Esteban
- 15:30-15:40 Sexual justice for people with disabilities: Challenges and actions for equality
Nadia Morand
- 15:40-15:50 Negotiating sexual and reproductive health and rights: Queer students ain norwegian christian private schools
Ase Rothing
- 15:50-16:00 *Discussion*

PLENARY HALL-EDUARDRO VIANA

16:00-17:00 SESSION 62: ORAL PRESENTATIONS

 Chairs: **Filippo Maria Nimbi, Catia Oliveira**

- 16:00-16:10 The impact of an aversive pain conditioning procedure on sexual arousal in heterosexual women
Pauline Freytag
- 16:10-16:20 Edu-porn: Sexual education as a new sexual scripts in feminist and queer pornography for women and LGBTQIA+ communities.
Julie Lavigne
- 16:20-16:30 Inside Malta's bedrooms: A cross-sectional study of pornography consumption and masturbation
Danica Cassar & Matthew Bartolo
- 16:30-16:40 PrEP (non-)adherence among men who have sex with men in Portugal: A qualitative study
Guilherme G. Pinheiro
- 16:40-16:50 Living with endometriosis: Implications for Sexual self-concept
Ana Isabel Arcos-Romero
- 16:50-17:00 Efficacy and safety of tadalafil in men with erectile dysfunction secondary to radiotherapy for prostate cancer patients
Keren Rouvinov
- 17:00-17:10 *Discussion*

PARALLEL HALL-ALMADA NEGREIROS 1

16:00-17:00 SESSION 63: SUBMITTED SYMPOSIUM: EMPOWERMENT AT A DISTANCE: PSYCHOLOGICAL DISTANCE IN WOMEN'S SEXUAL HEALTH, CONSUMPTION, AND CARE

- 16:00-16:20 Online contexts can feel closer: The effects of social identity and the psychological distance of the online context on help-seeking intentions
Sofia Jacinto
- 16:20-16:40 The impact of femvertising and shopping-context on female sexual wellness consumption
Anna-Chiara Winning
- 16:40-17:00 How a trip down memory lane influences the perception of femwashing
Joao Niza Braga

PARALLEL HALL-ALMADA NEGREIROS 2

16:00-17:00 SESSION 64: SUBMITTED SYMPOSIUM: SEXUALITY, GENDER, AND COMPREHENSIVE SEXUALITY EDUCATION AS CENTRAL AXES OF MENTAL HEALTH ACROSS THE LIFE COURSE

- 16:00-16:20 Addressing sexuality in clinical practice
Silvia P. Pastells
- 16:20-16:40 Proposing comprehensive sexuality education as a lifelong process
Ana Yanez Otero
- 16:40-17:00 Analyzing sexuality across the life course from a gender and intersectional perspective
Roberto M. Sanz

PLENARY HALL-EDUARDRO VIANA

17:10-17:40 SESSION 65: CONGRESS PRESIDENT'S TALK

Chairs: **Esben Esther Pirelli Benestad, Filippo Maria Nimbi**

17:10-17:40 CONGRESS PRESIDENT'S TALK

Distressed sexual function and sexual pleasure at the heart of sexual health
Patricia Pascoal

17:40-18:10 CLOSING CEREMONY

Chairs: **Stefano Eleuteri, Filippo Maria Nimbi**

- 17:40-17:50 Awards-Best Presentations Prize
- 17:50-18:00 Congress President's Closing Address
- 18:00-18:10 EFS President's Closing Talk & EFS 2028 Welcome

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Abdenour Karmous

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Abdenour Karmous

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Jack Lukkerz

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Andreia A. Manão

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Ana Luísa Quinta Gomes

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Jenna Strizzi

If a woman needs industrial tools to be satisfied, she's a slut" - Portrayals of Sex and Sexuality in male-oriented social media spaces in Estonia

Annika Tamme

Norwegian student teachers' reflections on the provisions and barriers to comprehensive sexuality education

Siri Wieberg Klausen

Unbound sexuality: Embodied vulnerability post-codex

Ніка Мавроди

Anti-ableism and Sexual Health: fostering autonomy and self-determination for people with disabilities

Graziele Zwielewski

General Information

Dear participants,

On behalf of the organizers of the **EFS 2026 Congress**, we are pleased to hereby welcome you to Lisbon, Portugal.

Below you can find some practical information that will facilitate your stay!

ABOUT THE CONGRESS VENUE

Dates: 28-30 May 2026

Venue: VIP Executive Entrecampos Hotel & Conference

Avenida 5 de Outubro 295, 1600-035 Lisboa, Portugal

SECRETARIAT & INFORMATION DESK DURING THE CONGRESS

The Secretariat desk will operate as follows:

Thursday, 28 May 2026 12:00-20:00

Friday, 29 May 2026 07:30-09:30

Saturday, 30 May 2026 08:00-18:10

How to get to the congress venue

The VIP Executive Entrecampos Hotel & Conference has the advantage of being close to Entrecampos Square, with many tourist attractions to visit. The hotel also has the benefit of being a few minutes away from Lisbon International Airport, and the historical centre of Lisbon. Access to the main roads, metro lines, and bus stations is also easy from the hotel, which makes the hotel highly recommended for those who visit Lisbon.

To reach the venue from Lisbon Airport, you can take bus 783 from Av. Berlim (Aeroporto) and get off at Entrecampos Norte. From there, it's just a 5-minute walk to the venue. Alternatively, if you prefer a taxi, the journey takes around 10 minutes by car, depending on traffic.

Fares are generally lower than in many other European capitals. Taxi meters are mandatory, so always ensure the driver turns it on. Note that extra charges apply for luggage.

Moving around in Lisbon

Banks: Banks in Lisbon are typically open Monday to Friday from 8:30 AM to 3:00 PM, often without reopening in the afternoon.

Weather: In May, Lisbon enjoys warm spring weather as it gradually transitions into early summer. Average daytime temperatures typically range from 18°C to 26°C, creating comfortable conditions for outdoor activities.

Power supply: The standard voltage is 230 volts, and the frequency is 50 Hz. The standard plug types used in Portugal are Type C and Type F, which have two round pins and are compatible with most European devices.

Service charge and gratuities: Some restaurants may bring bread, olives, or snacks to the table, which are not free unless you decline them. These typically cost €1 to €3 per person. Tipping in Portugal is not obligatory but is appreciated as a gesture of satisfaction. Leaving a small tip or rounding up the bill is common for good service.

Medical care: Hospital de Santa Maria is one of the main hospitals in Lisbon and offers a wide range of medical services, including emergency care, surgery, and specialized treatments.

Emergency Phones

All emergency services are reached through 112 in Portugal.

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Information – Congress Secretariat

For any further information please contact:



OFFICIAL CONGRESS ORGANIZER EUROPEAN FEDERATION OF SEXOLOGY CONGRESS

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We hope that you will have a pleasant stay in Lisbon and an interesting and fruitful Congress.

We remain at your disposal,

The ARTION team

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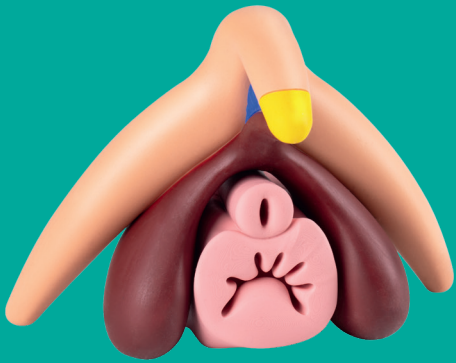
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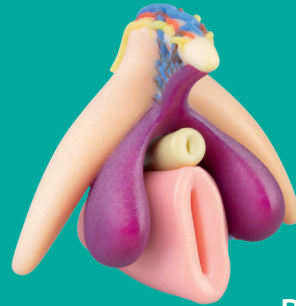
A series of horizontal dotted lines for taking notes.

Sexual medicine

Anatomy models



Clitoris 2:1



Bulbocrotal organ



Pelvic Diaphragm



Cervix & Uterus



Vulva print



Penis with base
Silicone



Penis
PVC



Penis
Wood



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18TH CONGRESS OF THE EUROPEAN FEDERATION OF SEXOLOGY

Sexuality, Society and Science: Evidence and Facts

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