

**SCIENTIFIC
PROGRAMME**



17TH

**CONGRESS OF THE EUROPEAN
FEDERATION OF SEXOLOGY**

**Sexuality in health and disease:
Sexual health, rights and wellbeing**

www.europeansexologycongress.org

**23-25
MAY 2024**
Bologna - Italy

Organized by:



E F S
EUROPEAN FEDERATION OF
SEXOLOGY



17TH

CONGRESS OF THE EUROPEAN FEDERATION OF SEXOLOGY

**Sexuality in health and disease:
Sexual health, rights and wellbeing**



Welcome Address

Congress President's welcome address

Dear Colleagues and Friends,

On behalf of the Italian Center of Sexology (CIS) I am glad and honored to welcome you to XVII EFS Congress in Bologna -Italy. Since 1959, the Italian Center of Sexology has been a reference point for scientific research and professional training in an interdisciplinary perspective for an anthropology of sexuality, it is the oldest sexology society in Italy.

Bologna is a historical and important University venue, it is the Capital of Emilia-Romagna region, one of the Top 50 wealthiest and most developed regions in EU; it's possible to experience the Academic atmosphere – Seat of the World's oldest university founded in 1088; it is also the oldest university in continuous operation, as well as one of the leading academic institutions in Italy and Europe. In the world Top 100 in all five disciplinary macro-areas: humanities, social, medical, technological and natural sciences – It is the home of the top-quality health, science and education institutions & world-famous manufactures with great tradition: Lamborghini, Ferrari, Maserati, Pagani, Ducati. Very easy to get to, compact, walkable and flexible city, home of the best food in Italy – the real essence of 'Made in Italy' brand. UNESCO city of Music with the largest medieval city area in the World, ancient porticoes, and towers.

The Congress will be an extraordinary occasion to meet all professionals engaged in Sexology in Europe, we wish it would be possible to have multicultural and interdisciplinary scientific exchange to promote culture, education, research and treatment to permit to reach a person's sexual and life wellbeing.

I am, personally, very happy to welcome European and Italian colleagues of mine in Bologna, I am sure it'll be an important event.



Maria Christina Florini

CIS President,

FISS Board Member

SIRU Scientific Committee Member

Psychologist manager of National Health Service

Teaching experience: Professional trainings laboratories at school
of Psychology of University of Bologna

Psychologist, psychotherapist, clinical sexologist

Trainer for nurses and physicians

Teacher at the School of Sexology in Bologna

Member of the Scientific Committee of the Journal of Sexology

EFS President's welcome address

On behalf of the European Federation of Sexology(EFS), it is a great pleasure and honor for me to welcome you to the 17th EFS Congress in Bologna-Italy.

The EFS& CIS(Italian Center of Sexology) will no doubt deliver a high-quality congress which hopefully will turn out to be a memorable experience both scientifically and socially. As we believe that the scientific success of a congress depends on the contributions of the delegates, we hope that many of you will be able to get actively involved in this congress.

The programme will cover a wide range of new clinical and research topics including challenges faced regarding sexual health-sexual well-being and sexual problems. Sexual health and sexual rights are no longer luxuries but essentials and necessities to live a life with dignity. The congress theme reflects the importance of human sexology as a whole both in good and difficult times and both in body and mind.

The interdisciplinary and international nature of the congress will no doubt enhance professional and social networking and exchange of information and knowledge from diverse communities and cultures. Our host will be the Italian Center of Sexology (CIS). We have no doubt that you will enjoy the Italian hospitality in the beautiful and historic city of Bologna which offers history, culture and beauty.

On behalf of EFS, I am looking forward to seeing you in Bologna to meet your old friends and to make new ones and expecting your generous contributions to the scientific content of the congress to reaffirm the continuous development of our community and enjoy a top-quality scientific program.

Cordial regards,



Mehmet Sungur

Professor of Psychiatry, Istanbul Kent University, Istanbul
President of the Turkish Association for Cognitive Behaviour Therapies (TACBT)
Former President of European Association of Behaviour and Cognitive Psychotherapy (EABCT)
Past President of the International Association for Cognitive and Behavioural Psychotherapy (IACBP)
Diplomate, Founding Fellow Academy of Cognitive Therapy (ACT)
Beck Institute International Advisory Committee Member
World Confederation of Behavioural and Cognitive Therapies Executive Board Member
President of the European Federation of Sexology (EFS)
Advisory Board Member of World Association of Sexual Health (WAS)

Organizers



EFS – EUROPEAN FEDERATION OF SEXOLOGY

The European Federation of Sexology recognizes sexuality as central to human life, health, well-being, and human rights. EFS is the voice and the core network for professionals working in sexology in Europe. EFS promotes excellent and ethical practice in education, knowledge, and skills to celebrate sexual health, intimacy, and diversity with compassion, free from prejudice and violence.



CIS – CENTRO ITALIANO DE SESSUOLOGIA (ITALIAN CENTER OF SEXOLOGY)

The CIS – Italian Center of Sexology – is an association aimed at the study of human sexuality founded in 1959 by a group of Roman doctors animated by Professor Giacomo Santori. CIS promotes scientific research and professional training in an interdisciplinary perspective for an anthropology of sexuality.

The CIS has created the “School of Sexology for Sexual Education, Counseling and Psychotherapy” which takes care of the updating and training of those who, as educators or clinicians, intend to work for the promotion, maintenance and recovery of sexual health through sex education, the prevention of sexually transmitted diseases and the treatment of sexual disorders.

The CIS is engaged in the organization and implementation of events in the form of conferences, seminars and refresher courses that address the issues of human sexuality.

Since 1960, CIS has published the six-monthly *Rivista di Sessuologia* providing scientific updates on sexology issues.

The CIS does not take care of the direct management of clinics, sexological and outpatient facilities.

The CIS is not an instrument of social, political, ideological, economic power groups; nor can it be used by individual members and partners for commercial purposes.

IL CIS is a member of the Italian Federation of Scientific Sexology, the World Association for Sexual Health, the European Federation of Sexology and of the Federation of Italian Medical-Scientific Societies.

Organizing Committee

EFS Organizing Committee

Mehmet Sungur

Professor of Psychiatry, Istanbul Kent University, Istanbul
President of the Turkish Association for Cognitive Behaviour Therapies (TACBT)
Former President of European Association of Behaviour and Cognitive Psychotherapy (EABCT)
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Kevan Wylie

MD FRCP FRCPsych FRCOG FECSM FRSPH FAcadMED IF
Immediate Past President of the European Federation of Sexology
Immediate Past President World Association for Sexual Health

Esben Esther Pirelli Benestad

Physician, family therapist IAP, specialist in clinical sexology NACS, professor in sexology UiA
Goran Arbanas
Assistant Professor, Medical school Rijeka
University Psychiatric Hospital Vrapce, Croatia

Filippo Maria Nimbi

PhD, PsyD, ECPS, Sapienza University of Rome, Department of Dynamic and Clinical Psychology

Tal Peleg-Sagy

PhD, Ben-Gurion University of the Negev

Patrícia M. Pascoal

PhD, Associate Professor Lusófona University; Past President Portuguese Society for Clinical Sexology

Tiina Vilponen

M.Th., Specialist in Marketing Communications
Clinical Sexologist (NACS)
Sexuality Educator and Sexual Health Promoter (NACS)
NLP Practitioner
Chairperson, Finnish Federation of Sexology

Charmaine Borg

Assistant Professor, University of Groningen, The Netherlands

Stefano Eleuteri

Faculty of Medicine and Psychology, Sapienza University of Rome

Astrid Højgaard

FECSM, Chairman of SSSM, Head of department, M.D Ass. professor, Sexological Centre
Center for Gender Identity, Center for Rape Victims
Aalborg University Hospital

Sam Geuens

Clinical Sexologist, Psychotherapist & Moral Philosopher
Department of Healthcare – Midwifery and Nursing Science, PXL University College of Applied Arts & Sciences, Hasselt, Belgium
Outpatient Center for Sexual Health, Sint Franciscus Hospital Heusden-Zolder, Belgium
Korzybski Institute for Training in Solution Focused Psychotherapy, Brugges, Belgium

Local Organizing Committee

Maria Cristina Florini

Psychologist, psychotherapist, sexologist
Lead Psychologist at Modena Public Health Service from 1990 to 2020, Italian Center of Sexology's President

Stefano Bernardi

Clinical Sexologist, Psychotherapist
Member of Italian Centre of Sexology and member Board of Italian Society of Human Reproduction

Gabriella Rifelli

Psicologa Psicoterapeuta Sessuologa Clinica
Direttore Scuola Di Sessuologia Clinica CIS-Centro Italiano di Sessuologia

Elena Longhi

Psicologa Psicoterapeuta Sessuologa Clinica
Delegata Regionale Lombardia e Consigliere del CIS-Centro Italiano di Sessuologia

Valentina Cosmi

Psicologa Psicoterapeuta Sessuologa Clinica
Socia Fondatrice SISP-Societa Italiana di Sessuologia e Psicologia

Scientific Committee

EFS Scientific Committee

Mehmet Sungur

Professor of Psychiatry, Istanbul Kent University, Istanbul

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Clinical Sexologist, Psychotherapist & Moral Philosopher

Department of Healthcare, Midwifery and Nursing Science, PXL University College of Applied Arts & Sciences, Hasselt, Belgium

Outpatient Center for Sexual Health, Sint Franciscus Hospital Heusden-Zolder, Belgium

Korzybski Institute for Training in Solution Focused Psychotherapy, Brugges, Belgium

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PhD, Associate Professor Lusófona University

Past President Portuguese Society for Clinical Sexology

Stefano Eleuteri

Faculty of Medicine and Psychology, Sapienza University of Rome

Goran Arbanas

Assistant Professor, Medical school Rijeka, University Psychiatric Hospital Vrapce, Croatia

Local Scientific Committee

Stefano Bernardi

Clinical Sexologist, Psychotherapist

Member of Italian Centre of Sexology and member Board of Italian Society of Human Reproduction

Fulvio Colombo

Ad. Professor - Andrological Reconstructive Surgery

Head of Andrology Unit - Department of Urology and Nephrology

University Hospital of Bologna - Policlinico of S.Orsola – IRCCS

Giovanni Corona

Medico Endocrinologo

Primario Reparto Di Endocrinologia Ospedale

Maggiore Bo / Siams Societa' Italiana Di Andrologia E

Medicina Della Sessualita

Valentina Cosmi

Psicologa Psicoterapeuta Sessuologa Clinica

Socia Fondatrice Sisp Società Italiana Di Sessuologia E

Psicologia

Ciro Basile Fasolo

Andrologist Clinical Sexologist

Sia Italian Society of Andrology

External Lecturer University of Pisa

Maria Cristina Florini

Psychologist, Psychotherapist, Sexologist

Lead Psychologist At Modena Public Health Service

From 1990 To 2020, Italian Center Of Sexology's

President

Marta Giuliani

Psicologa Psicoterapeuta Sessuologa Clinica

Socia Fondatrice Sisp Società Italiana Di Sessuologia E

Psicologia. Consigliera Dell'ordine Degli Psicologi Del

Lazio

Antonino Guglielmino

Medico Ginecologo Presidente Societa' Italiana Della

Riproduzione Umana Siru

Elena Vittoria Longhi

Psychologist Psychotherapist Clinical Sexologist

Lombardy Regional Delegate E and Councillor Of Cis

Italian Center Of Sexology

IRCCS SAN RAFFAELE Center Of Sexual Medicine

University Vita & Salute, Milan

Luigi Montano

Medico Andrologo

Siru Societa' Italiana Della Riproduzione Umana Siru



**17TH CONGRESS OF THE
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OF SEXOLOGY**

23-25 May 2024 | Bologna - Italy

Chiara Rafanelli

Psychiatrist, Clinical Psychologist
Full Professor of Clinical Psychology University of
Bologna
Director of the School of Specialization in Clinical
Psychology, University of Bologna

Filippo Maria Nimbi

Psicologo Psicoterapeuta Sessuologo Clinico
Fiss Federazione Italiana Delle Societa' Di Sessuologia
E Consigliere Efs European Federation Of Sexology

Gabriella Rifelli

Psicologa Psicoterapeuta Sessuologa Clinica
Direttore Scuola Di Sessuologia Clinica Cis Centro
Italiano Di Sessuologia

Cristiano Scandurra

Psicologo Psicoterapeuta Sessuologo Clinico
Napoli Societa' Italiana Di Psicoterapia Psicoanalitica
Renato Seracchioli

Sponsorship Committee

Goran Arbanas

Assistant Professor, Medical school Rijeka, University
Psychiatric Hospital Vrapce, Croatia

Tal Peleg-Sagy

PhD, Ben-Gurion University of the Negev

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FECSM, Chairman of SSSM
Head of department, M.D
Ass. professor
Sexological Centre
Center for Gender Identity
Center for Rape Victims
Aalborg University Hospital

Mehmet Sungur

President of the European Federation of Sexology
Professor of Psychiatry, Istanbul Kent University,
Istanbul
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Behaviour Psychotherapy (TACBP)
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Diplomate, Founding Fellow Academy of Cognitive
Therapy (ACT), ACT Certified Supervisor, Trainer and
Consultant
Beck Institute International Advisory Committee
Member
World Association of Sexology MESHHC Member

Kevan Wylie

MD FRCP FRCPsych FRCOG FECSM FRSPH FAcadMED
IF
Immediate Past President of the European Federation
of Sexology
Immediate Past President World Association for
Sexual Health

Invited Speakers

Gold Medal Awardees



Annamaria Giraldi

Senior Consultant in Psychiatry, Sexological Clinic of the Psychiatric Center, Copenhagen, Denmark
Professor in Clinical Sexology, University of Copenhagen, Denmark



Esben Esther Pirelli Benestad

Physician, family therapist IAP, specialist in clinical sexology NACS
Professor in Sexology UiA



Mehmet Sungur

Professor of Psychiatry, Istanbul Kent University, Istanbul
TACBT President
EABCT Former President
IACBP Past President
EFS President
WAS Advisory Board Member



Silva Neves

Psychosexual and relationship Psychotherapist
Trauma Psychotherapist
COSRT accredited
UKCP registered
NCPS accredited



Aleksandar Štulhofer

Professor of Sociology
Head of Sexology Unit, Dept. of Sociology Faculty of Humanities and Social Sciences University of Zagreb, Croatia



Antonino Guglielmino

Gynecologist
Ex-president of SIRU



Luigi Montano

Past President of SIRU for Andrology area



Giunti Daniel

President Centro il Ponte and OS psychometrics, Sexology Italian festival



Ms. Anna Catania
Chairperson Council for the
Counselling Profession, Malta



Prunas Antonio
Professor,
University of Milan



Luca Boeri
MD, PhD, FEBU
Fondazione IRCCS Ca'
Granda – Ospedale Maggiore
Policlinico, Milan, Italy



Svenja Vergauwen
Policy officer "sexual wellbeing",
Sensoa



Dr. Gabriella Rifelli
Psychologist - Psychoanalytic
Psychotherapist, Sexology
Specialist, Centro Italiano di
Sessuologia



Dr. Domenico Trotta, MD
ISA ACTS, Institute of Sexology,
Salerno, Italy



Antonio La Torre
U.O. di Psichiatria, Ospedale di
Rovereto, Rovereto (Tn), Italy



Dr. Andrea Olmi
Psychologist, Psychotherapist,
Psychoanalyst, Sexologist



Giusy Ignarra
Doctor in Social Service Science by
the University of Siena



Marta Giuliani

Psychologist, Psychotherapist, European Certified Psycho-Sexologist, Italian Society of Psychology and Sexology



Filippo Nimbi

Psychologist and Sexologist, PhD Sapienza University of Rome, Department of Dynamic and Clinical Psychology and Health Studies, Institute of Clinical Sexology (ISC), Rome



Fabrizio Quattrini

Psychologist Psychotherapist and Sexologist, PhD Institute of Clinical Scientific Sexology of ROME (IISS) University of l'Aquila Department of Applied Clinical and Biotechnological Sciences (DISCAB)



Stefano Eleuteri

Psychologist, Psychotherapist, Sexologist PhD in Social, Developmental Psychology and Educational Research



Valentina Cosmi

Founding partner and Psychotherapist, Italian Society of Sexology and Psychology, Rome



Dr. Jasmine Abdulcadir

Staff physician Responsible of the ObGyn ED and the FGM/C clinic, Division of Gynecology, Geneva University Hospitals



Ege Can Serefoglu, M.D., F.E.C.S.M.

Professor of Urology Department of Urology, Biruni University School of Medicine Member of the European Sexual Medicine Network (ESMN), Istanbul, Turkey



Prof. Johannes Bitzer

Professor of Urology, University Hospital Basel Department Ob/Gyn Working group leader of the European Sexual Medicine Network (ESMN) Basel, Switzerland



Carlo Matteo Di Dionisio, MSc
Psychologist

Student at the Sapienza University, Rome member of the European Sexual Medicine Network (ESMN) Rome, Italy



Angela M. Caldarera
SC Clinical Psychology,
Department of Mental Health and
Addictions, ASL1 Imperiese (Local
Health Authority of Imperia)
Dept. of Public Health and
Pediatrics, Division of Child and
Adolescent Neuropsychiatry,
University of Torino



**Dr. med. univ. Marianne Greil-
Soyka**
General Practitioner, Practitioner
of Sexual Medicine and Sexual
Therapy
Co-founder and first Director of
the Austrian Academy of Sexual
Medicine (OEASM)
Chair of the European Sexual
Medicine Network (ESMN),
Salzburg, Austria



Emilio Rebbechi
Psychiatrist & Psychotherapist,
Clinic of Nervous and Mental
Diseases



Paolo Valerio
Professore Onorario Psicologia
Clinica, Presidente Onorario Centro
di Ateneo Sinapsi, Università
Federico II di Napoli
President National Observatory on
Gender Identity -ONIG



Elna Rudolph
President, World Association for
Sexual Health
Medical Doctor and Sexologist



Alain Giami
Emeritus Research Professor at
the Inserm (National Institute of
Health and Medical Research)
in Paris
Vice President of the World
Association for Sexual Health



Stefano Bernardi
Clinical Sexologist, Psychotherapist
Member of Italian Centre of Sexology and member
Board of Italian Society of Human Reproduction

17TH

**CONGRESS OF THE EUROPEAN
FEDERATION OF SEXOLOGY**

**Sexuality in health and disease:
Sexual health, rights and wellbeing**

**SCIENTIFIC
PROGRAMME**

Programme Overview

Thursday, 23 May 2024

Plenary Hall Imperiale B		Parallel Hall Imperiale A	
12:00 - 13:00	Registrations (Foyer)		
13:00 - 14:15	Session 1: Opening Ceremony of the Congress		
14:15 - 15:45	Session 2: Open Papers Session	14:15 - 15:45	Session 3: Session organized by local Host - Sexology Between Past and Present/La Sessuologia tra Passato e Presente (in Italian)
15:45 - 16:15	Coffee Break & Exhibition		
16:15 - 17:45	Session 6: Open Symposium: Technology Innovations in Sex Toys: Implications for Education, Policy, and Practice	16:15 - 17:45	Session 7: FISS - Italian Federation on Scientific Sexology Symposium (in Italian) "Integrated therapy in dysfunctional couples/Terapia integrata nella coppia disfunzionale"
17:45 - 18:45	Session 10: Main Lecture: Clinical Sexology/Sex Therapy	17:45 - 18:45	Session 11: CIS Symposium: Communication Between Sexologist and Andrologist Surgeon: Where are we? (in Italian)
18:45 - 19:45	Session 14: Open Papers Session	18:45 - 19:45	Session 15: Demo Session: Sex, Intimacy and Coupling Life. Sexual dysfunction read through an integrated psychotherapy model (in Italian)
19:45 - 20:45	Welcome Reception at the Exhibition Area		

Parallel Hall Giove A

Parallel Hall Urano

14:15 - 15:45 Session 4: Open Papers Session

**14:15 - 15:45 Session 5: EMFeSH Symposium:
Female genital sexual pain: Updates
on etiologies and management**

16:15 - 17:45 Session 8: Open Papers Session

16:15 - 17:45 Session 9: Open Papers Session

**17:45 - 18:45 Session 12: The role of pleasure-
focused interventions for
psychosexual dysfunctions**

**17:45 - 18:45 Session 13: Demo Session Clinical
Work with Self-States in Sex Therapy**

**18:45 - 19:45 Session 16: Demo Session:
Facilitating Sexual Consent Attitude
Change Amongst Irish Secondary
School Pupils Using Research-Based
Theatre**

18:45 - 19:45 Session 17: Sexology Speed Dating

Friday, 24 May 2024

Plenary Hall Imperiale B		Parallel Hall Imperiale A	
08:00 - 09:00	Session 18: Open Symposium: Professional education in clinical sexology in Europe	08:00 - 09:00	Session 19: Symposium: Sexuality through the life-cycle: trajectories and interventions (in Italian)
09:00 - 10:30	Session 22: EFS Symposium & Position Statement	09:00 - 10:30	Session 23: Italian Federation on Scientific Sexology Symposium (in English): From research to clinic: FISS Updates
10:30 - 11:00	Coffee Break & Exhibition		
11:00 - 12:00	Session 26: Main Lecture 2: Research	11:00 - 12:00	Session 27: Session organized by local Host - Prevention in All Seasons of Life: What We Have or Haven't Done and What We Have Missed (In Italian)
12:00 - 13:00	Session 30: Open Symposium: Eros in the Digital Age: A Dialogue on Tech's Impact on Sexuality and Expression with Sex Therapists and Educators	12:00 - 13:00	Session 31: Session organized by local Host - Is Sexuality a "Job" in Couples With Infertility Issues? (In Italian)
13:00 - 14:00	Break		
14:00 - 15:00	Session 32: Open Papers Session	14:00 - 15:00	Session 33: Symposium: Sexual Education in Schools/Educazione Sessuale A Scuola (in Italian)
15:00 - 16:00	Session 36: Open Symposium: Capturing Female Sexual Desire, Arousal and Orgasm in Research	15:00 - 16:00	Session 37: Sex and disability: new perspectives in education in Italy (in English)
16:00 - 16:30	Coffee Break & Exhibition		
16:30 - 18:00	Session 38: Open Papers Session	16:30 - 17:30	Session 39: Lecture: Mythology & Sexuality (in Italian)
18:00 - 19:00	EFS General Assembly		
20:00	Congress Dinner at Cantina Bentivoglio		

Parallel Hall Giove A
08:00 - 09:00 **Session 20: Open Papers Session**

Parallel Hall Urano
08:00 - 09:00 **Session 21: Demo Session: Using Art in Sexual Health, Wellbeing and education**

09:00 - 10:30 **Session 24: Open Symposium: Unveiling the Impact: Trauma and Sexual Violence in Times of War**

09:00 - 10:30 **Session 25: WAS-WHO Symposium - Global Sexual Health Surveys: Building global cross-cultural research**

11:00 - 13:00 **Session 28: Open Papers Session**

11:00 - 13:00 **Session 29: Demo Session: Sexual Education**

14:00 - 16:00 **Session 34: Open Papers Session**

14:00 - 16:00 **Session 35: Workshop: Sexual Dysfunctions in 10 Questions: An interactive Workshop**

16:30 - 17:30 **Session 40: Open Symposium: The complexity of evaluating comprehensive sexuality education interventions: a case study in Italian secondary schools**

16:30 - 17:30 **Session 41: Open Symposium: Psychosexual Therapy in a public funded National Health Service setting fit for the 2020s: Delivery of a brief, sustainable, focused service that includes training of future sex therapists**

Saturday, 25 May 2024

Plenary Hall Imperiale B		Parallel Hall Imperiale A	
09:00 - 10:00	Session 43: Gold Medal Lecture	09:00 - 11:00	Session 44: WAS Consultation on Sexual Justice
10:00 - 11:00	Session 47: Gold Medal Lecture 2: Esben Esther Pirelli Benestad		
11:00 - 11:30	Coffee Break & Exhibition		
11:30 - 12:30	Session 48: Lecture	11:30 - 13:00	Session 49: Joint EPATH, EFS and ESSM Roundtable: Professionals under the sigue: how can we build up professional resiliency and protect the evidence-based practice of transgender health care
13:00 - 14:00	Break		
14:00 - 15:00	Session 52: Main Lecture	14:00 - 16:00	Session 53: ESSM Symposium: Reduction of sexual desire in the couple: how to manage it?
15:00 - 16:00	Session 56: Open Papers Session		
16:00 - 16:30	Coffee Break & Exhibition		
16:30 - 17:30	Session 58: ESMN Symposium: Interdisciplinary Sex-Research - Opportunities and Challenges	16:30 - 17:30	Session 59: Open Symposium: The contribution of human rights to new models of communication regarding sexuality: the experience of 12 years of publications and communications through the UNESCO Chair networks
17:30 - 18:30	Session 62: Main Lecture: Sexual Medicine/Clinical Sexology		
18:30 - 19:00	Closing Ceremony		

Parallel Hall Giove A	
09:00 - 11:00	Session 45: Open Papers Session

Parallel Hall Urano	
09:00 - 10:00	Session 46: Demo Session The experience of good endings in sex therapy

11:30 - 13:00	Session 50: Open Papers Session
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11:30 - 13:00	Session 51: Open Papers Session
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14:00 - 15:45	Session 54: Open Papers Flash Presentation Session
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14:00 - 15:00	Session 55: Open Papers Session
15:00 - 16:00	Session 57: Open Symposium: Symposium on Gender, Sex and Relationship Diversity (GSRD) Therapy: an update

16:30 - 17:30	Session 60: Open Papers Flash Presentation Session
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16:30 - 17:30	Session 61: Open Papers Flash Presentation Session
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Detailed Programme

Open Papers Sessions

Open Symposia and demo sessions

Invited Sessions

invited lectures

Sessions organized by the local hosts

12:00 - 13:00

Registrations

Room 3 - Parallel Hall Giove A

Thursday, 23 May 2024

Room 1 - Plenary Hall Imperiale B

13:00 - 14:15

Session 1: Opening Ceremony of the Congress
Chair: Mehmet Sungur

13:00 - 13:40

Embracing Uncertainty: Managing Worry & Anxiety in times of Global Challenges
Mehmet Sungur

13:40 - 13:45

Welcome Address by the Congress President
Maria Cristina Florini

13:45 - 13:50

Welcome by Emilia Romagna Region by President of the Legislative Assembly Region
Emma Petitti

13:50 - 13:55

Welcome by the Mayor of Bologna
TBA

13:55 - 14:00

Welcome by FISM Official National Secretary
Francesco Macri

14:00 - 14:05

Welcome by Emilia Romagna Psychologists' Order President
Gabriele Raimondi

14:05 - 14:10

Welcome by Bologna Physicians' Order President
Luigi Bagnoli

14:10 - 14:15

Welcome by the WAS President
Elna Rudolph

Room 1 - Plenary Hall Imperiale B

14:15 - 15:45

Session 2: Open Papers Session
Chair: Tal Peleg Sagy

14:15 - 14:30

Investigating the effect of sexual counseling adopting the biopsychosocial model on the sexual self-concept and sexual distress of women who have undergone hysterectomy
Samira Barjasteh

14:30 - 14:45

Sexual Counseling Based on a Modified Good Enough Sex" Model: A Clinical Randomized Trial on Sexual Health Variables of Breast Cancer Survivors
Samira Barjasteh

14:45 - 15:00

Bodily-relational blocks and interrupted gestures: a gestalt reading of sexological diagnosis
Marilena Iasevoli

15:00 - 15:15 **The role of psychosocial and personality factors on male sexual dysfunctions. An in-depth investigation into an Italian clinical sample**

Cinzia Artioli

15:15 - 15:30 **Couple and Sexuality, Psychotherapeutic Clinic: integrating Dynamic Psychology with Modern Techniques**

Claudia Maria Derossi

15:30 - 15:45 **An Integral Approach to a Psychotherapeutic Model of Sexual Problems: Integrative sexual psychotherapy**

Claudia Maria Derossi

Room 2 - Parallel Hall Imperiale A

14:15 - 15:45 **Session 3: Session organized by local Host - Sexology Between Past and Present/ La Sessuologia tra Passato e Presente (in Italian)**
Chairs: Giorgio Piubello, Salvatore Caruso

14:15 - 14:35 **Sessuologi, sessuologia, sessualità oggi**

Maria Cristina Florini

14:35 - 14:55 **Coppia ieri oggi e domani**

Gabriella Rifelli

14:55 - 15:15 **Differenziazione ed intimità nella coppia con disturbo del desiderio sessuale**

Gennaro Scione

15:15 - 15:35 **L'evoluzione della relazione medico-paziente nell'era dell'intelligenza artificiale**

Antonio La Torre

15:35 - 15:45 **Discussion**

Room 3 - Parallel Hall Giove A

14:15 - 15:45 **Session 4: Open Papers Session**
Chair: Sam Geuens

14:15 - 14:30 **Sexual Interest and Enjoyment in Partnered Long-Term Head and Neck Cancer Survivors: The Role of Symptoms and Subjective Health**

Anna Ivanova

14:30 - 14:45 **The Benefit of a Couple-based Intervention Among Women in Active Cancer Treatment on Sexual Concerns**

Jona Ingibjorg Jonsdottir

14:45 - 15:00 **The Moderating Role of Sexual Education on the Sexual Wellbeing of Women Dealing With Reproductive And Non-Reproductive Cancers**

Sarah Peart

15:00 - 15:15 **Efficacy of fractional CO2 laser therapy in women with vulvar lichen sclerosus**

Valeria De Gobbi

15:15 - 15:30 **The role of women in deciding whether implating a penile prosthesis. Primary or secondary role? experiences based on 576 patients who underwent the surgery**

Diego Pozza

15:30 - 15:45 **Penile prosthesis after 80 years of age. Physical need or fear of loneliness? Experience based on 20 patients who underwent the surgery**

Diego Pozza



Room 4 - Parallel Hall Urano

14:15 - 15:45 **Session 5: EMFeSH Symposium: Female genital sexual pain: Updates on etiologies and management**
Chairs: Faysal El Kak, Mehmet Sungur

14:15 - 14:20 **Introduction of the Session**
Faysal El Kak, Mehmet Sungur

14:20 - 14:40 **Understanding the etiologies of gentialpelvic pain**
Elna Rudolph

14:40 - 15:00 **Understanding Vaginismus (GPPPD): Treatment pitfalls due to misunderstandings**
Mehmet Sungur

15:00 - 15:20 **Medical surgical interventions: Evidence and new algorithm**
Faysal El Kak

15:20 - 15:45 **Discussion**

15:45 - 16:15 **Coffee Break & Exhibition**

Room 1 - Plenary Hall Imperiale B

16:15 - 17:45 **Session 6: Open Symposium: Technology Innovations in Sex Toys: Implications for Education, Policy, and Practice**
Chairs: Charmaine Borg, Sam Geuens

16:15 - 16:30 **Innovations in Education and Equity among Sex Toy Brands**
Gwendolyn Walsh

16:30 - 16:45 **Innovative Sex Toys As a Tool for Self-Discovery**
Tattyannah King

16:45 - 17:00 **Empowering Marginalized Communities through Sex Toy Education**
Irma Garcia

17:00 - 17:15 **Pleasure and Healing: The Power of Embodied Mindfulness with Sex Toys**
Bria Tavakoli

17:15 - 17:45 **Discussion**

Room 2 - Parallel Hall Imperiale A

16:15 - 17:45 **Session 7: FISS - Italian Federation on Scientific Sexology Symposium (in Italian) Integrated therapy in dysfunctional couples/Terapia integrata nella coppia disfunzionale**
Chairs: Salvo Caruso, Maria Cristina Florini

16:15 - 16:30 **La coppia, l'infertilità e la crisi sessuale**
Roberta Giommi

16:30 - 16:45 **L'intervento sessuale di coppia nell'Eiaculazione ritardata o impossibile**
Elena Lenzi

16:45 - 17:00 **Sessualità nella terza età**
Adele Fabrizi

17:00- 17:15 **Modello d'intervento integrato in sessuologia: esperienza di un Servizio di Sessuologia di un importante Azienda Ospedaliera Universitaria di Torino.**
Anna Gualerzi

17:15 - 17:30 **Riflessi Psicosessuali della fecondazione medicalmente assistita**
Manuela Giuliani

17:30 - 17:45 **Discussion**

Room 3 - Parallel Hall Giove A

16:15 - 17:45 **Session 8: Open Papers Session**
Chair: Esben Esther Pirelli Benestad

16:15 - 16:30 **A model curriculum in sexual medicine for undergraduate education in Europe**
Johannes Bitzer

16:30 - 16:45 **A New Formula For Sexologist's Accreditation**
Manel Honrado Eguren

16:45 - 17:00 **Evaluation of an introductory course in clinical sexology for licensed clinical
psychologists in Norway**
Sidsel Louise Schaller

17:00 - 17:15 **Developing clinical practice guidelines on transgender health in Russia:
scientific and political challenges**
Yana Kirey-Sitnikova

17:15 - 17:30 **Addressing the Sexuality and Intimacy of Older Adults in Palliative Care:
Barriers and Solutions**
Isabelle Wallach

17:30 - 17:45 **Sex in Catholic Malta**
Matthew Bartolo

Room 4 - Parallel Hall Urano

16:15 - 17:45 **Session 9: Open Papers Session**
Chair: Stefano Eleuteri

16:15-16:30 **Sexual (Self-)Education: Young People Learning About Gender And Sexuality From
Media And Peers**
Maddalena Fedele

16:30-16:45 **Sexual Education and Disability: challenges in the face of cultural stereotypes**
Claudia Maria Derossi

16:45-17:00 **Sense of agency in sexual trauma survivors from different genders: A review**
Zeynep Uludag

17:00-17:15 **Incidence of early traumatic experiences in patients diagnosed with Vulvodynia**
Claudia Maria Derossi

17:15-17:30 **Enhancing Support: The Impact of Training on Secondary School Teachers' Approach
to Transgender Students**
Federico Sandri

17:30-17:45 **Unveiling Consensual Non-Monogamy in Italy: a comprehensive survey of 992
Participants in Monogamous and Consensual Non-Monogamous Relationships**
Giorgia Rosamaria Gammino

Room 1 - Plenary Hall Imperiale B

17:45 - 18:45 **Session 10: Main Lecture: Clinical Sexology/Sex Therapy**
Chair: Filippo Maria Nimbi

17:45 - 18:45 **LGBTQI+ Sensitive Clinical Practice**
Silva Neves

Room 2 - Parallel Hall Imperiale A

17:45 - 18:45 **Session 11: CIS Symposium: Communication Between Sexologist and Andrologist Surgeon: Where are we? (in Italian)**
Chairs: Antonio Latorre, Giorgio Piubello

17:45 - 18:45 **Round table: Comparison on a clinical case**
Elena Longhi, Fulvio Colombo

Room 3 - Parallel Hall Giove A

17:45 - 18:45 **Session 12: The role of pleasure-focused interventions for psychosexual dysfunctions**
Chairs: Silva Neves

17:45 - 18:00 **The health impacts of pleasure. How the neuroscience supports it. Case study presentations**
Angela Wright

18:00 - 18:15 **Working with men and supervising therapists in bringing pleasure focused conversations into individual, group and couples therapy through the lens of sexual health and the sexual health principles**
Douglas Braun-Harvey

18:15 - 18:30 **De-medicalising assessments of psychosexual disorders in incorporating the pleasure aspects of sex: how clients can make better sense of their psychosexual issues with better awareness of their erotic mind and orientations, and how to help them enhance their sex life with the focus on pleasure**
Silva Neves

18:30 - 18:45 **Discussion**

Room 4 - Parallel Hall Urano

17:45 - 18:45 **Session 13: Demo Session Clinical Work with Self-States in Sex Therapy**
Chairs: Mijal Luria

Tal Peleg-Sagy

Room 1 - Plenary Hall Imperiale B

18:45 - 19:45 **Session 14: Open Papers Session**
Chair: Tiina Vilponen

18:45 - 19:05 **Sex and Love Around the World: A Deep Dive Into Cultural Influences on Sexuality and Sexual Function**
Tatyannah King

19:05 - 19:25 **Perceiving Being Single as Something Inherently Negative**
Nikola Komlenac

19:25 - 19:45 **Analyzes of Care Burdens as a Penalizing Factor Within the World of Non - Monogamies**
Ignasi Puig-rodas

Room 2 - Parallel Hall Imperiale A

18:45 - 19:45 **Session 15: Demo Session: Sex, Intimacy and Coupling Life Sexual dysfunction read through an integrated psychotherapy model (in Italian)**
Chairs: Stefano Bernardi

Eleonora Carozza, Ilaria Di Marzio

Room 3 - Parallel Hall Giove A

18:45 - 19:45 **Session 16: Demo Session: Facilitating Sexual Consent Attitude Change Amongst Irish Secondary School Pupils Using Research-Based Theatre**
Chair: Stefano Eleuteri

Gavin Friel, Padraig Macneela, Charlotte McIvor, Lorraine Burke, Siobhan O'Higgins, Alexandra Black, Caroline West, Kate Tierney, Eva O'Byrne, Eve McDowell

Room 4 - Parallel Hall Urano

18:45 - 19:45 **Session 17: Sexology Speed Dating**
Engage with: Sam Geuens, Charmaine Borg, Marieke De Witte, Maria Lucia Pop, Filippo Nimbi, Ege Can Serefoglu, Patricia Pascoal, Tal Peleg Sagy

A special surprise session... Find out more on-site!

19:45 - 20:45 **Welcome Reception**

Thursday, 23 May 2024

Friday, 24 May 2024

Room 1 - Plenary Hall Imperiale B

08:00 - 09:00 **Session 18: Open Symposium on Clinical Sexology: Professional education in clinical sexology in Europe**
Chair: Sam Geuens

Elsa Mari Almas, Sidsel Schaller, Philippa Druce, Lennart Lock

Room 2 - Parallel Hall Imperiale A

08:00 - 09:00 **Session 19: Symposium: Sexuality through the life-cycle: trajectories and interventions/La sessualità attraverso il ciclo di vita: traiettorie e interventi (in Italian)**
Chair: Daniel Giunti

08:00 - 08:20 **Development of Sexual Identity in childhood and adolescence, between stereotypes, prejudices and possible interventions**

Paolo Antonelli

08:20 - 08:40 **Adult sexuality and sexual behaviours affected by new digital technologies**

Davide Dettore

08:40 - 09:00 **Sexuality in the third and in the fourth ages today, new perspectives, difficulties and resources**

Andrea Olmi

Room 3 - Parallel Hall Giove A

08:00 - 09:00 **Session 20: Open Papers Session**
Chair: Stefano Eleuteri

08:00 - 08:15 **Italian parents and teachers' attitudes and perceptions of a comprehensive sexuality education pilot activity in secondary schools the EduForIST project**

Alice Chinelli

08:15 - 08:30 **Comprehensive sexuality education pilot activity in secondary schools preliminary results of the EduForIST project in Italy**

Alice Chinelli

08:30 - 08:45 **Moving Sex Education Forward: Navigating the Intersectionality of Queer Communities in Italy and the Netherlands**

Sofia Panavello Decaro

08:45 - 09:00 **Sexual Attitudes reassessment and restructuring (SAR) in Current Sexology Education: For Whom, How and Why?**

Malin Lindroth

Room 4 - Parallel Hall Urano

08:00 - 09:00 **Session 21: Demo Session: Using Art in Sexual Health, Wellbeing and education**
Chair: Tal Peleg-Sagy

Umut Nur Sungur, Meltem Kora

Room 1 - Plenary Hall Imperiale B

09:00 - 10:30	Session 22: EFS Symposium & Position Statement Chairs: Mehmet Sungur, Esben Esther Pirelli Benestad
09:00 - 09:20	Opening statement EFS position statement: How sex is forgotten when things get tricky: the need to recognise the sexual and reproductive rights of people in difficult situations Sam Geuens
09:20 - 09:40	Migrant Sexuality: The case of Portugal and migrant Cape Verde people's self-report of sexual pleasure, autonomy and distress Patrícia M. Pascoal
09:40 - 10:00	Young people's sexuality and sexual development in the digital age: do the apps make it easier or more difficult to navigate blossoming sexuality? Stefano Eleuteri
10:00 - 10:30	Discussion and Q&A

Room 2 - Parallel Hall Imperiale A

09:00 - 10:30	Session 23: Italian Federation on Scientific Sexology Symposium (in English): From research to clinic: FISS Updates Chairs: Salvatore Caruso, Francesca Tripodi
09:00 - 09:20	Pleasure and orgasm in women: biological, narrative and clinical aspects of contemporary life Domenico Trotta
09:20 - 09:40	At the intersection of gender diversity and neurodiversity: factors promoting emotional-behavioral wellbeing in childhood Angela Maria Caldarera
09:40 - 10:00	Genital arousal disorders in diabetic women Giuseppe Caruso
10:00 - 10:20	Impact of sexual health on physical and psychological well-being in transgender e gender diverse people Paolo Valerio
10:20 - 10:30	Discussion

Room 3 - Parallel Hall Giove A

09:00 - 10:30	Session 24: Open Symposium on Clinical Sexology: Unveiling the Impact: Trauma and Sexual Violence in Times of War Chair: Charmaine Borg
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Mijal Luria, Tali Rosenbaum, Andy Ifergane, Tal Peleg-Sagy

Room 4 - Parallel Hall Urano

09:00 - 10:30 **Session 25: WAS-WHO Symposium - Global Sexual Health Surveys: Building global cross-cultural research**
Chairs: Pedro Nobre, Elna Rudolph, Alain Giami

09:00 - 09:25 **The World Observatory on Sexual Health**
Pedro Nobre

09:25 - 09:50 **WHO Sexual Health Assessment of Practices and Experiences (SHAPE)**
Lianne Gonsalves

09:50 - 10:15 **Sex Research Surveys in Europe: Monitoring sexual health of young people**
Koenraad Vermey

10:15 - 10:30 **Discussion**

10:30 - 11:00 **Coffee Break & Exhibition**

Room 1 - Plenary Hall Imperiale B

11:00 - 12:00 **Session 26: Main Lecture 2: Research**
Chair: Sam Geuens

11:00 - 12:00 **Researching Porn: Doing Sex Research From an Objective/Neutral Standpoint**
Aleksandar Stulhofer

Room 2 - Parallel Hall Imperiale A

11:00 - 12:00 **Session 27: Session organized by local Host - Prevention in All Seasons of Life: What We Have or Haven't Done and What We Have Missed/La prevenzione in tutte le stagioni della vita: Cosa abbiamo o non abbiamo fatto e cosa ci manca (In italian)**
Chairs: Gabriella Rifelli, Alessandro Palmieri

11:00 - 11:20 **The Sexologist's Perspective**
Maria Cristina Florini

11:20 - 11:40 **The Gynecologist's Perspective**
Giuseppina Maria Picconeri

11:40 - 12:00 **The Andrologist's Perspective**
Francesco Gaeta

Room 3 - Parallel Hall Giove A

11:00 - 13:00 **Session 28: Open Papers Session**
Chair: Esben Esther Pirelli Benestad

11:00 - 11:15 **Predictors of Depression in Czech and Slovak gender non-conforming people**
Tereza Dolezalova

11:15 - 11:30 **The Role of Gender in Therapy: Clinicians' Countertransference and Attitudes Toward Transgender and Non-Binary Clients**
Laura Gimmel

11:30 - 11:45 **Group Intervention to reduce Minority Stress in Trans*People - A longitudinal Study**
Sina Pollman

11:45 - 12:00 **An exploratory study on a self-help group for parents of transgender and gender variant children**
Federico Sandri

- 12:00 - 12:15** **A Network Approach to Minority Stress: Sexual Identity Groups Comparison**
Andrea Stasek
- 12:15 - 12:30** **Maternal Perception of Big Five Personality Traits in Childhood and Self-reported Gender Fluidity in Adolescence: A Study from the Norwegian Mother, Father and Child Cohort (MoBa)**
Eivind Ystroem
- 12:30 - 12:45** **Sexual encounter was the final frontier of me not being fully male". Trans+ people navigating cisheteronormativity**
Katarzyna Grunt-Mejer
- 12:45 - 13:00** **Sex counselling for transgender and non binary clients**
Antonio Prunas

Room 4 - Parallel Hall Urano

- 11:00 - 13:00** **Session 29: Demo Session: Sexual Education**
Chair: Filippo Nimbi

SENSOA working towards positive sexuality in Flanders
Svenja Vergauwen

Presentation of tools to

- Support comprehensive sexuality education
- Prevent STI and HIV
- Prevent sexual transaggressive behaviour
- Promote sexual wellbeing
- Prevent unplanned pregnancies

Room 1 - Plenary Hall Imperiale B

- 12:00 - 13:00** **Session 30: Open Symposium on Sexual Education and Health Promotion: Eros in the Digital Age: A Dialogue on Tech's Impact on Sexuality and Expression with Sex Therapists and Educators**
Chair: Charmaine Borg

- 12:00 - 12:20** **Tatyannah King, Portia Brown, Irma Garcia, Bria Tavakoli, Gwen Walsh**

Room 2 - Parallel Hall Imperiale A

- 12:00 - 13:00** **Session 31: Session organized by local Host - Is Sexuality a "Job" in Couples With Infertility Issues? / La sessualità è "un lavoro" nelle coppie infertili? (In italian)**
Chairs: Maria Cristina Florini, Luigi Montano

- 12:00 - 12:20** **The Sexologist's Perspective**
Stefano Bernardi
- 12:20 - 12:40** **The Gynecologist's Perspective**
Antonino Guglielmino
- 12:40 - 13:00** **The Andrologist's Perspective**
Luca Boeri

- 13:00 - 14:00** **Break**

Room 1 - Plenary Hall Imperiale B

14:00 - 15:00	Session 32: Open Papers Session Chair: Sam Geuens
14:00 - 14:15	Shedding Light on a Grey Area: Exploring Consumer Behavior in the Legal Strip Club Industry Elizaveta Zaikina
14:15 - 14:30	Does Pornography Consumption Affect Relationship Satisfaction? Silvia Gradl
14:30 - 14:45	Re-imagining Sexual Scripts: Unveiling Subversive Gendered Scripts in Feminist and Queer Pornography for Women and LGBTQIA+ Communities Julie Lavigne
14:45 - 15:00	Associations of Digital Media Use and Sexual Activity Juliane Burghardt

Room 2 - Parallel Hall Imperiale A

14:00 - 15:00	Session 33: Symposium: Sexual Education in Schools/Educazione Sessuale A Scuola (in Italian) Chair: Valentina Cosmi
14:00 - 14:10	Sexuality education: a global perspective Stefano Eleuteri
14:10 - 14:20	Sexual Education in Europe: an ongoing challenge Filippo Maria Nimbi
14:20 - 14:30	Educating on affectivity and sexuality in Italy. Designing functional interventions for education on respect Fabrizio Quattrini
14:30 - 14:40	An Italian proposal of good practices for scholastic sex education programmes Marta Giuliani
14:40 - 15:00	Discussion

Room 3 - Parallel Hall Giove A

14:00 - 16:00	Session 34: Open Papers Session Chair: Goran Arbanas
14:00 - 14:15	Anodyspareunia: The Unacknowledged Sexual Dysfunction Massimo Giola
14:15 - 14:30	Sexual Agency, a Conceptual and Practical Framework for Clinical Sexology Denise Medico
14:30 - 14:45	Do the DSM-5 criteria actually reflect the clinical reality of female sexual dysfunctions? Giovanni Pagnini
14:45 - 15:00	Sex addiction: how does it relate to sexual objectification? Pavla Novakova
15:00 - 15:15	Alchemy of Connection: Integrating Psychedelic Insights into Sex Therapy Practice Bria Tavakoli
15:15 - 15:30	What is the content of people's sexual desires and how can it be normalised through visualisation? Tabea Zorn

15:30 - 15:45 **Sexual desire and erotic fantasies: an application of a new self-reported measure on Iranian adults**

Rezvan Shekarchi

15:45 - 16:00 **Sexual function of Slovenian women in relation to COVID-19 pandemic**

Ana Polona Mivsek

Room 4 - Parallel Hall Urano

14:00 - 16:00 **Session 35: Workshop: Sexual Dysfunctions in 10 Questions: An interactive Workshop**
Chair: Elna Rudolph

14:00 - 16:00

Workshop

Mehmet Sungur

Room 1 - Plenary Hall Imperiale B

15:00 - 16:00 **Session 36: Open Symposium on Sex Research: Capturing Female Sexual Desire, Arousal and Orgasm in Research: Tips, Tricks and Unresolved Challenges**
Chair: Charmaine Borg

15:00 - 15:15

Waves to Orgasm: What, Where and How to Measure Orgasmic Pleasure and Timing

Celeste Bittoni

15:15 - 15:30

From Self-Report to Neurophysiology to Understand Sexual Desire

Jeff Kiesner

15:30 - 15:45

Couple dynamics in psychophysiology research on Sexual Arousal

Marieke Dewitte

15:45 - 16:00

Discussion

Room 2 - Parallel Hall Imperiale A

15:00 - 16:00 **Session 37: Sex and disability: new prospectives in education in Italy (in Italian)**
Chair: Daniel Giunti

15:00 - 15:20

OEAS LoveGover project An Italian caregivers approach to Sex an Disability

Fabrizio Quattrini

15:20 - 15:40

The Right to Sexuality for All: An Italian Perspective

Azzurra Carrozzo

15:40 - 16:00

I want to talk about love: social needs of disabled people and their caregivers in the sexual and affective area

Giusy Ignarra

16:00 - 16:30

Coffee Break & Exhibition

Room 1 - Plenary Hall Imperiale B

16:30 - 18:00 **Session 38: Open Papers Session**
Chair: Goran Arbanas

16:30 - 16:45

Sexuality in Dementia: What Should We Learn?

Ricardo Nogueira

16:45 - 17:00

The Impact of Sexual Myths and Body Image on Women's Sexual Satisfaction: A Turkish Sample

Irmak Polat



17:00 - 17:15	Rough sexual practices among youth aged 16-29 in Sweden: a qualitative exploration Frida Larsson
17:15 - 17:30	Feelings and emotions associated with first sexual intercourse Anita Jug Dosler
17:30 - 17:45	Offline and Online Sexual Practices of University Students in Turkey: A Descriptive and Comparative Study Ece Hattat Iseri
17:45 - 18:00	Breast Cancer Risk in Transgender People Receiving Gender Affirming Hormone Therapy Barbara Ferreira
18:00 - 19:00	EFS General Assembly

Room 2 - Parallel Hall Imperiale A

16:30 - 17:30 **Session 39: Lecture: Mythology & Sexuality / Mitologia e sessualità (in Italian)**
Chairs: Maria Cristina Florini, Gabriella Rifelli

16:30 - 17:30 **Mythology & Sexuality**
Emilio Rebecchi

Room 3 - Parallel Hall Giove A

16:30 - 17:30 **Session 40: Open Symposium on Sexual Education and Health Promotion:
The complexity of evaluating comprehensive sexuality education interventions:
a case study in Italian secondary schools**
Chair: Tiina Vilponen

16:30 - 16:45 **Co-creation of a school-based comprehensive sexuality education (CSE) intervention
in Italy**
Alice Chinelli

16:45 - 17:00 **The evaluation framework of a CSE intervention in Italian secondary schools the
epistemological perspective and qualitative methods**
Marco Ubbiali

17:00 - 17:15 **The evaluation framework of a CSE intervention in Italian secondary schools -
quantitative methods and future sustainability**
Domenico Martinelli

17:15 - 17:30 **Discussion**

Room 4 - Parallel Hall Urano

16:30 - 17:30 **Session 41: Open Symposium on Clinical Sexology: Psychosexual Therapy in a public
funded National Health Service setting fit for the 2020s: Delivery of a brief,
sustainable, focused service that includes training of future sex therapists**
Chair: Filippo Nimbi

Sheraz Ahmad, Catherine Hood

20:00 **Congress Dinner at Cantina Bentivoglio**

Saturday, 25 May 2024

Room 1 - Plenary Hall Imperiale B

09:00 - 10:00 **Session 43: Gold Medal Lecture**
Chair: Patricia M. Pascoal

09:00 - 10:00 **Diabetes and sexual health in women – a personal journey**
Annamaria Giraldi

Room 2 - Parallel Hall Imperiale A

09:00 - 11:00 **Session 44: WAS Consultation on Sexual Justice**
Coordinators: Alain Giami, Elna Rudolph

Participants: Elna Rudolph, Alain Giami, Faysal el Kak, Stefano Eleuteri, Paulo Valerio
Objective: The objective of this consultation is to discuss the Declaration on Sexual Justice that has been proclaimed during the 26th WAS Congress in Antalya (Turkey), November 5th.

The Declaration is in the process of discussion among stakeholders all around the globe and in particular among WAS members and affiliates of member organizations. The Declaration is the result of months of hard work, and we look forward to discussing and refining it further with your input which is fundamental in this process.

Process: In the first part of the symposium the coordinators of the Sexual Justice Initiative will present the background of the Declaration and the questions to be discussed.

In the second part, the participants are invited to share and discuss their questions and comments about the Declaration in their own perspectives.

An invitation to this Consultation is sent to participants including a questionnaire open to express comments, questions and concerns about Sexual Justice.

Room 3 - Parallel Hall Giove A

09:00 - 11:00 **Session 45: Open Papers Session**
Chair: Goran Arbanas

09:00 - 09:15 **Technology-facilitated sexualized violence during the COVID-19 pandemic**
Bernd Christmann

09:15 - 09:30 **Sexual abuse during childhood: why children might revisit such experiences with problematic sexualized behaviors.**
Isabelle Daignault

09:30 - 09:45 **Prevention of Child Sexual Abuse Targeted to People Who Potentially Offend:
How Does This Sound to Portuguese Criminal Police?**
Vanessa Azevedo

09:45 - 10:00 **Life after sexual violence; sexual health and sexual satisfaction.**
Anna Wallenberg

10:00 - 10:15 **Sexual assault characteristics among male victims seeking care at a sexual assault center in Stockholm, Sweden**
Frida Larsson

10:15 - 10:30 **Sexual violence and the first sexual experience: An endless story or an ended chapter?**
Ana Luisa Patrao

10:30 - 10:45 **Sexualized Violence In The Protestant Church In Germany: A Descriptive Analysis of Survivors' Accounts Of Perpetrators, Violence Experienced And Church Responses**
Wiebke Schoon

10:45 - 11:00 **Virtual child sexual abuse material: An ethical debate**
Giorgia Affuso

Room 4 - Parallel Hall Urano

09:00 - 10:00 **Session 46: Demo Session The experience of good endings in sex therapy**
Chair: Tal Peleg-Sagy

Remziye Kunelaki

Room 1 - Plenary Hall Imperiale B

10:00 - 11:00 **Session 47: Gold Medal Lecture 2: Esben Esther Pirelli Benestad**
Chair: Mehmet Sungur

10:00 - 11:00 **I Have a Dream**
Esben Esther Pirelli Benestad

11:00 - 11:30 **Coffee Break & Exhibition**

Room 1 - Plenary Hall Imperiale B

11:30 - 12:30 **Session 48: Lecture**
Chair: Filippo Nimbi

11:30 - 12:30 **Psychology-Religion-Mental Health and Implications on Sex Therapy**
Mehmet Sungur

Room 2 - Parallel Hall Imperiale A

11:30 - 13:00 **Session 49: Joint EPATH, EFS and ESSM Roundtable: Professionals under the sigue: how can we build up professional resiliency and protect the evidence-based practice of transgender health care**
Chairs: Esben Esther Pirelli Benestad, Iva Zegura

Roundtable discussion between Esben Esther Pirelli Benestad, Paolo Valerio, Lucia Pop and Iva Zegura. Interactive discussion with attendees

Room 3 - Parallel Hall Giove A

11:30 - 13:00 **Session 50: Open Papers Session**
Chair: Charmaine Borg

11:30 - 11:45 **Therapeutic Assessments and Brief Management for Compulsive Sexual Behaviour in an NHS Psychosexual Service setting**
Sheraz Ahmad

11:45 - 12:00 **Validation of item banks for measurement of problems due to hypersexuality**
Piet van Tuijl

12:00 - 12:15 **Chemsex and its relationship with impulsivity in men who have sex with men (MSM)**
Laura Esteban

12:15 - 12:30 **Avoiding iatrogenic treatments of compulsive sexual behaviours**
Silva Neves

- 12:30 - 12:45** **OCSB and CSBD: New perspectives and ongoing dialogues**
Silva Neves, Doug Braun-Harvey
- 12:45 - 13:00** **High burden of syphilis and other sexually transmitted infections among visitors practicing chemsex tested at Checkpoint BLN, Germany**
Cristoph Weber
- Room 4 - Parallel Hall Urano**
- 11:30 - 13:00** **Session 51: Open Papers Session**
Chair: Patrícia M. Pascoal
- 11:30 - 11:45** **The Elephant in the Room: Sexual Pleasure in Contemporary Research (2018-2023)**
Welda Pepa Maria Pasatu
- 11:45 - 12:00** **Demonstration for prostate orgasmic W-spot from G-spot and P-spot**
Qinghua Wang
- 12:00 - 12:15** **Pleasure Areas of the Vulva: The Clitoris Rules, But Quantity Counts and so Does the Vagina**
Jeff Kiesner
- 12:15 - 12:30** **Sex Toys and their Reason for Sexuality**
Marcella Caimi
- 12:30 - 12:45** **Is Masturbation Becoming The Main Sexual Activity Of Mature Males? Preliminary Observations Of An Andrological Center In Italy**
Diego Pozza
- 12:30 - 12:45** **Discussion**
- 13:00 - 14:00** **Break**
- Room 1 - Plenary Hall Imperiale B**
- 14:00 - 15:00** **Session 52: Main Lecture**
Chair: Elsa Almas
- 14:00 - 15:00** **Anatomy of the clitoris**
Jasmine Abdulcadir
- Room 2 - Parallel Hall Imperiale A**
- 14:00 - 16:00** **Session 53: ESSM Symposium: Reduction of sexual desire in the couple: how to manage it?**
Chairs: Giovanni Corona, Marieke Dewitte
- 14:00 - 14:30** **Medical Determinants**
Giovanni Corona
- 14:30 - 15:00** **The impact of pelvic surgery**
Sam Ward
- 15:00 - 15:30** **Sexual desire discrepancies : recommendations from ESSM**
Marieke Dewitte
- 15:30 - 16:00** **Discussion**

Room 3 - Parallel Hall Giove A

14:00 - 15:45	Session 54: Open Papers Flash Presentation Session Chair: Goran Arbanas
14:00 - 14:05	Widow People Enrolled in a Survey about Sexual and Reproductive Health: Who are They? And about sex issues? Vanessa Azevedo
14:05 - 14:10	What does the experience with a psychosexual intervention look like for prostate cancer survivors? A qualitative study Sonia Pieramico
14:10 - 14:15	The Dark Side Of Pornography: From Sexual Hyperstimulation To Mental And Sexual Disorders Ricardo Nogueira
14:15 - 14:20	Enhancing Pharmacological Outcomes in Erectile Dysfunction: The Efficacy of Adjunctive Shockwave Therapy in a South American Cohort Antonio Barbosa
14:20 - 14:25	Assessing the Impact of Erectile Dysfunction on Quality of Life and Self-Esteem in Spanish Men Lucia Hernandez
14:25 - 14:30	Exploring The Landscape Of Gynaecological Care: Women's Perspectives On The Promotion Of Sexual Health In Quebec, Canada Sylvie Levesque
14:30 - 14:35	Multi-gender attracted (bi+) women's experiences of disclosure and help-seeking following sexual assault – a scoping review Emily Bjaalid
14:35 - 14:40	Sex Is Culture: The Deep Connection Between Religion, Queer Identities, And Sexual Attitudes Alessandra D'Esposito
14:40 - 14:45	The (Re/De)Construction of Masculinity and Femininity in Drag Queens Performance: A Scoping Review Jorge Oliveira
14:45 - 14:50	My Neck, my back, my hips, and my knees: Safe sex positions for when the body takes a diagnostic hit Nicole Porter
14:50 - 14:55	A Cross-Border Approach to Measuring Attitudes and Experiences of Sexual Violence and Harassment in Higher Education Institutes Liam McBrearty
14:55 - 15:00	The Brief Strategic Treatment of Cybersex Jacopo Grisolaghi
15:00 - 15:05	Does sexual creativity enhance sexual and relationship satisfaction? Examining the effect of weekly creative sexual tasks in monogamous long-term relationships Tabea Zorn
15:05 - 15:10	Evaluating the Feasibility of First Point of Contact Training for Responding to Disclosures of Sexual Violence and Harassment Liam McBrearty
15:10 - 15:15	Beyond Contraception: Unraveling the Complex Dynamics of Reproductive Autonomy and Gender Equity Sylvie Levesque

- 15:15 - 15:20** **Perception of Contraception**
Clair Enthoven
- 15:20 - 15:25** **Sexual attitudes, age and restrictiveness**
Goran Arbanas
- 15:25 - 15:30** **Involuntary Celibacy: a study on the Redpill phenomenon in Italy**
Lilybeth Fontanesi
- 15:30 - 15:35** **Transgenders bodies in sports. The Tiffany case as a reflective example about braking taboos in the Social Media**
Dulce Filgueira de Almeida
- 15:35 - 15:40** **Discussion**

Room 4 - Parallel Hall Urano

14:00 - 15:00 **Session 55: Open Papers Session**
Chair: Stefano Eleuteri

- 14:00 - 14:15** **"I'm 56 and perfectly happy with no sex in my life." A qualitative revision of motives for sexual inactivity among aging women.**
Gabriela Gore-Gorszewska
- 14:15 - 14:30** **Exploring Male Sexual Dysfunction Management in India: Insights from Urologists and the Emerging Roles of Nutraceuticals**
Sarita Bajpai
- 14:30 - 14:45** **Successful sexual aging: A novel concept and the bi-country development of a brief measure**
Aleksandar Stulhofer
- 14:45 - 15:00** **Exploring Total Sexual Outlet and Brain Structure and Function**
Mirjam Reidick

Room 1 - Plenary Hall Imperiale B

15:00 - 16:00 **Session 56: Open Papers Session**
Chair: Tiina Vilponen

- 15:00 - 15:15** **"This is real life, not porn": a qualitative study investigating how smartphone geosocial networking apps affect the health of lesbian, gay and bisexual users in the UK and USA**
Hannah Madden
- 15:15 - 15:30** **Digital intimacies in the reality shift: an exploration of maladaptive daydreaming, mediated sexual experiences, and parasocial romantic relationships**
Victoria Docu
- 15:30 - 15:45** **The influence of sexual activity on sleep: A diary study**
Carlotta Florentine Oesterling
- 15:45 - 16:00** **The Impact Of Online Dating Apps On The Mental And Sexual Health Of Men Who Have Sex With Men (MSM)**
Ricardo Nogueira



Room 4 - Parallel Hall Urano

15:00 - 16:00 **Session 57: Open Symposium on Clinical Sexology: Symposium on Gender, Sex and Relationship Diversity (GSRD) Therapy: an update**
Chair: Filippo Nimbi

15:00 - 15:15 **The 7 pillars of GSRD therapy**
Dominic Davies

15:15 - 15:30 **GSRD issues in research**
Antonio Prunas

15:30 - 15:45 **Obligatory not optional - the development of the therapist**
Agata Loewe-Kurilla

15:45 - 16:00 **GSRD Therapy in action - case studies**
Silva Neves

16:00 - 16:30 **Coffee Break & Exhibition**

Room 1 - Plenary Hall Imperiale B

16:30 - 17:30 **Session 58: ESMN Symposium: Interdisciplinary Sex-Research - Opportunities and Challenges**
Chair: Charmaine Borg

16:30 - 16:45 **European Sexual Medicine Network - ESMN: The Success-story of an International Open Sex Research Network**
Marianne Greil-Soyka

16:45 - 17:00 **Burning Sex Research Issues in Europe**
Ege Can Serefoglu

17:00 - 17:15 **The Development of a Specialized Undergraduate Curriculum for Medical and Psychology Students**

The professor's view - Johannes Bitzer

The student's view - Carlo Matter Di Dionisio

17:15 - 17:30 **Discussion**

Room 2 - Parallel Hall Imperiale A

16:30 - 17:30 **Session 59: Open Symposium on Education: The contribution of human rights to new models of communication regarding sexuality: the experience of 12 years of publications and communications through the UNESCO Chair networks**
Chair: Esben Esther Pirelli Benestad

16:30 - 16:50 **UNESCO Chair Sexual Health & Human Rights : 12 years of educational activities: a retrospective**
Sam Ward

16:50 - 17:10 **What is the future of sexual health education : for professionals and citizens: future perspectives and challenges**
Selcen Bahadir

17:10 - 17:30 **Discussion and Q&A**

Room 3 - Parallel Hall Giove A

16:30 - 17:30	Session 60: Open Papers Flash Presentation Session Chair: Tiina Vilponen
16:30 - 16:35	The relationship between childhood trauma and emotion regulation with the mediating effect of guilt and pathogenic belief among Persian and Italian samples Marziyeh Salehi
16:35 - 16:40	Digital Dilemma – Educational Approaches to Sexuality and Sexualized Violence in Digital Media in Germany Jasmin Stehr
16:40 - 16:45	Projects Concerning Sex and Affective Education. What Is the Opinion of the Young People Involved? Daniele Vitale
16:45 - 16:50	Panel of indicators for the evaluation of a comprehensive sexuality education intervention in Italian secondary schools Leonardo Bonaldo
16:50 - 16:55	C.I.A.O. Project: Integrated Systemic Sexuality Education In Developmental Age Elisabetta Todaro
16:55 - 17:00	Behavioral Skills Training in the Prevention of Sexually Transmitted Infections Charlie Kleanthous
17:00 - 17:05	Still nothing from Italy: Descriptive and critical analysis of the recent Italian draft bills and context regarding Sexuality Education Valeria Bruno
17:05 - 17:10	The impact of induced pain/disgust expectancies on subjective sexual arousal Lara Lakhsassi
17:10 - 17:15	Impact of Double J Stent on Erectile Dysfunction in Patients Undergoing Endourological Procedures Parth Manek
17:15 - 17:20	Impact Of Renal Transplant OnErectile Dysfunction In Chronic Kidney Disease Patients Parth Manek
17:20 - 17:30:	Discussion

Room 4 - Parallel Hall Urano

16:30 - 17:30	Session 61: Open Papers Flash Presentation Session Chair: Mijal Luria
16:30 - 16:35	Impact of the COVID-19 Pandemic on Premature Ejaculation: A Transcontinental Comparative Analysis Antonio Jose Sanchez Barbosa
16:35 - 16:40	EMDR (Eye Movement Desensitization and Reprocessing) in the treatment of sexual problems. A review of three cases Catherine Hood
16:40 - 16:45	Sexually Transmitted Diseases And Attention-Deficit/Hyperactivity Disorder: A Systematic Literature Review Lorenzo Soldati
16:45 - 16:50	The Impact of Induced Pain/Disgust Expectancies on Sexual Arousal: A Psychophysiological Study with Extinction Method Insights Pauline L. Freytag



- 16:50 - 16:55** **Study of the links between sexual functioning, anxiety, ruminations and sexual cognitions**
Yaelle Markiewicz
- 16:55 - 17:00** **Female Sexual Function and Perceived Quality of Dyadic Sexual Communication**
Lucija Serjak
- 17:00 - 17:05** **Communication about sexuality in partnerships – methodological and thematic qualitative reconstructive analysis of couple interviews**
Janina Deborah Limberger
- 17:05 - 17:10** **Pathways to Orgasm: Cognitive and Behavioural Strategies leading to Orgasm in Women**
Celeste Bittoni
- 17:10 - 17:15** **EMDR (Eye Movement Desensitization and Reprocessing) in the treatment of sexual dysfunction; Is it a viable treatment approach in an NHS clinic offering brief psychosexual therapy? A two year review**
Catherine Hood
- 17:15 - 17:20** **Orgasmic anhedonia-pleasure dissociative orgasmic disorder PDOD in women**
Johannes Bitzer
- 17:20 - 17:25** **Perceived Outcomes of Sexual Compliance: Associations with Sexual Motives, Sexual Communal Strength, and Self-Sacrifice in a Population-Based Sample**
Annika Gunst
- 17:25 - 17:30** **Like Tying a Shoe? The Perception of Sexual Compliance in a Finnish Population-Based Sample**
Sabina Nickull
- Room 1 - Plenary Hall Imperiale B**
- 17:30 - 18:30** **Session 62: Main Lecture: Sexual Medicine/Clinical Sexology**
Chair: Charmaine Borg
- 17:30 - 18:30** **Integrating sexual health and wellbeing in oncological care protocols from a nursing perspective**
Anna Catania
- 18:30 - 19:00** **Closing Ceremony**

List Of e-Posters

Genital pain and sexual function in women: influence of catastrophisation and perceived partner responses

Lia Minerva

The Role of Ageist Sexual Stereotypes in the Network of Sexual Difficulties, Sex and Relationship Satisfaction among Adults Aged 50+

Veronika Gociekova

Exploring Factors Facilitating Sexualized Violence in the Protestant Church in Germany: A qualitative Analysis of Survivors' Perspectives

Amina Shah

Unmet Sexual Health Supportive Care Needs of Breast Cancer Survivors: A mixed methods study

Diana Ferreira

A study for developing and testing the Feasibility and Efficacy of a Cognitive-behavioral internet intervention to promote sexual health in breast cancer survivors (AFECTUS)

Diana Ferreira

Sexual Function and Satisfaction Among Long-Covid Haulers: A Cross-Sectional Survey Protocol

Vinicius Jobim Fischer

Female Masturbation: What drives women to solo-sex and how does that differ from their experience with partner-sex?

Maria Stevenson

Could hypersexuality be a contributing factor to the phenomenon of chemsex?

Laura Esteban

Bridging Gaps: Exploring sexual health education provision among Tunisian primary healthcare providers

Emna Makhoulf

Neural Correlates of Sexual Inhibition and Excitation Scales: An Overview of Empirical Studies

Diana Ferreira

Sexual history-taking by Tunisian primary healthcare providers and patient-related influencing factors

Emna Makhoulf

Sexual orientation and sexual experience spectrum in Latvian young adults – pilot study.

Anatolijs Pozarskis, Marija Pavlukovica

Irish women's understanding and articulation of sexual desire after 50: A qualitative study.

Olivia Teahan

Characteristics, Motivations, and Attitudes of Israeli Sexuality Professionals

Lori Greenberger

Inclusion goal: what sex education for LGBTQIA+ adolescents?

Marta Girardi

Impact of pelvic cancers on male sexuality: the experience of a Tunisian center

Selim Driss

Do neutral masculinized male faces hold attention?

Francisca Bismarck

Enhancing Sexual Psychotherapy for Premature Ejaculation: The Role of Masturbatory Aids in Therapeutic Success

Juan Manuel Aguilera

Effectiveness of two interventions on safer sex preparatory behaviors among vulnerable Mozambican women

Ana Luisa Patrao

Combining Internet-Delivered: Cognitive-Behavioral Therapy with Acceptance and Commitment Therapy for Problematic Pornography Use

Angelika Kolomanska

Are We Attracted to Pro-environmental Behaviors?: Pro-environmental Behavior and Its Effects on the Evaluation of Attractiveness

Yigit Nurettin Atalay

LGBTQ+ health-seeking: A scoping review of health care needs, experiences and barriers

Jacob Evje

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Fiorenza Giordano

The Effectiveness of a Couple-based Intervention among Women in Active Cancer Treatment to Support Adjustment on Sexuality and Intimacy

Jona Ingibjorg Jonsdottir

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Donata Milloni

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Alba Mirabile

Protocol for a Visual Arts Outreach Initiative to Promote Consent Culture

Eva O'Byrne

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Ignasi Puig-rodas

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Nuno Nodin

Sexual intercourse among czech fifteen-year-old adolescents: an analysis of predictors across three birth cohorts

Anna Sevcikova

Teachers' Attitudes and Opinions Toward Sexuality Education in School: Results From a Systematic Review of Secondary and High School Teachers

Valeria Bruno

Parents' Attitudes Toward School-based Sexuality Education for Children: A National Survey in Japan

Yusuke Hayashi

Gender Differences in Parents' Attitudes Toward Sexuality Education for Children: A National Survey in Japan

Yusuke Hayashi

Sexual Pleasure in heterosexual adults: Preliminary results of an online and qualitative study to better understand people's sexual experiences

Patrícia M. Pascoal

The survey of circumcision's effect on sexual function, sexual satisfaction, and quality of sexual life in pregnant women

Soheila Rabieipoor

Attitudes towards abortion and their further associations to female sexual health in Turkiye

Esin Nisan Yildirim

Which clinical conditions do you think could benefit from Internet Interventions? : preliminary results from a qualitative study with European Clinical Sexologists

Patrícia M. Pascoal

Satisfaction with appearance and sexual satisfaction in women with severe burn injuries

Soheila Rabieipoor

Systematic Review of Platelet-Rich Plasma for the treatment of female urogenital atrophy

Andreia Antunes

Infertility and female sexual dysfunction

Garyfalia Bitzi

Online study on frequency and reasons for faking orgasm in men and women: preliminary data

Adamantia Nikolaou

The effect of couples counseling based on the CHARMS model on the quality of sexual life and marital satisfaction of wives of men with myocardial infarction

Soheila Rabieipoor

Self-perceptions about sexual problems/difficulties that cause distress: preliminary results of a qualitative study with Portuguese men and women

Ana Luisa Patrao

What are sexual rights? A thematic analysis of Portuguese people's definitions

Patrícia M. Pascoal

General Information

Dear participants,

On behalf of the organizers of the EFS 2024 Congress, we are pleased to hereby welcome you to Bologna, Italy.

Bellow you can find some practical information that will facilitate your stay!

About the Congress Venue

Dates: 23 – 25 May 2024

Venue: Royal Hotel Carlton

Via Montebello, 8, 40121 Bologna BO, Italy

T: +39 051 249361

W. www.royalhotelcarltonbologna.com



Secretariat and Information Desk during the Congress

The Secretariat desk will operate as follows:

Thursday, 23 May 2024	12:00 - 18:30	Royal Hotel Carlton
Friday, 24 May 2024	07:00 - 19:00	Royal Hotel Carlton
Saturday, 25 May 2024	08:00 - 18:00	Royal Hotel Carlton

How to get to Royal Hotel Carlton

Arriving by Plane: If you're flying into Bologna, you'll most likely land at Bologna Guglielmo Marconi Airport (BLQ), which is approximately 6 km from the city center. The Aerobus service, also known as the BLQ shuttle, runs from the airport to the city center. You can get off at the Bologna Centrale railway station, which is a short walk or a quick taxi ride from the Royal Hotel Carlton. Taxis are also available at the airport. The ride to the hotel should take about 15-20 minutes, depending on traffic.

Arriving by Train and Bus: The Royal Hotel Carlton is about a 10-15 minute walk from the Bologna Centrale station. You can walk down Via dell'Indipendenza, a major street lined with shops and cafes, which leads directly to the area near the hotel.

Arriving by Car: To reach the hotel using satellite navigation, it should be set for Via Milazzo 6 to avoid the restricted traffic zone.

Moving around in Bologna

The Royal Hotel Carlton is in the centre of Bologna, near the pedestrian area, outside the restricted traffic zone and just a short walk from the railway station and Piazza Maggiore.

General Information

Banks are open Monday to Friday around 8:30 to 2:00 and often reopen again in the afternoon from 3:00 to 4:30. ATMs are available 24/7. ATMs in Italy are known as “Bancomats”.

Weather in May & Clothing Recommendations: In May, Bologna experiences a transition from spring to early summer, with generally pleasant weather. The average daytime temperatures range from 15°C to 25°C, with warmer temperatures toward the end of the month. You can expect plenty of sunshine, with longer daylight hours as summer approaches. May can see some rainfall, but it’s usually less than the peak rainy season. You may encounter occasional showers or thunderstorms, particularly in the latter half of the month. Bring a mix of clothing suitable for varying temperatures. Light sweaters, long-sleeve shirts, and light jackets are useful for cooler mornings and evenings.

Shopping: Opening Hours, Monday to Saturday: 9:00 AM to 8:00 PM. Sundays: Many shops, especially smaller, independent ones, are closed on Sundays. However, larger stores and those in tourist areas or shopping malls may remain open, offering reduced hours compared to weekdays.

Places to eat: Bologna is renowned for its rich culinary tradition, offering a wide array of dining options to suit every taste. Trattorias and Osterias are traditional Italian eateries where you can enjoy authentic Bolognese dishes. It’s often a good idea to make reservations, especially for popular restaurants, particularly during peak dining times. You can also explore Bologna’s street food scene, where you can sample specialties like panini with cured meats, fried snacks, and gelato from vendors throughout the city.

Service charge and gratuities: Many restaurants in Bologna apply a “coperto” charge, which is a cover charge per person for sitting at a table. This charge typically covers the cost of bread, tableware, and service and usually ranges from €1 to €3 per person. In Italy, tipping is seen as a gesture of appreciation for exceptional service rather than an obligatory part of dining out. It’s entirely discretionary and should reflect your satisfaction with the service received.

Power supply: The standard voltage is 230 volts, and the frequency is 50 Hz. The standard plug type used in Italy is the Type F plug, which has two round pins and a grounding pin. This plug is compatible with sockets in Bologna and throughout Italy.

Medical care: Ospedale Maggiore is one of the main hospitals in Bologna and offers a wide range of medical services, including emergency care, surgery, and specialized treatments.

Useful Internet Sites

EFS Website: <http://www.europeansexology.com/>

2024 EFS Congress Website: <https://europeansexologycongress.org/>

Professional Congress Organizer: <http://www.artion.com.gr>

Emergency Phones

112: Emergency phone

115: Fire service

118: Medical assistance

113: Police

Information – Congress Secretariat

For any further information please contact:



OFFICIAL CONGRESS ORGANIZER – EUROPEAN FEDERATION OF SEXOLOGY CONGRESS

E. efs@artion.com.gr

T. +30 2310 250 932

Project Leader: Despoina Amarantidou

Project Managers: Prodromos Nikolaidis, Kelly Angelaki

Sponsorship Coordinator: Efi Papathanasiou

Marketing & Communications Manager: Maria Kantziari

Publications Officer: Nikoleta Konstantinidou

Newsletters & Social Media: Ektoras Kasampalis

Graphic Designer: Jean Coenraets

For any emergencies during your stay please call at +30 6979551477 or +30 2310272275

Please ask for:

Prodromos Nikolaidis, Project Manager (+306979551477)

Despoina Amarantidou, Head of the Congress Secretariat (+306977970404)

We hope that you will have a pleasant stay in Bologna and an interesting and fruitful Congress.

We remain at your disposal,

The **ARTION** team

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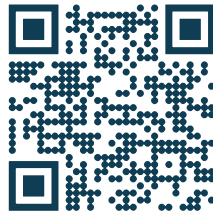




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E. efs@artion.com.gr

T. (+30) 2310250932 (conference line), (+30) 2310272275